



mental illness
fellowship victoria



▼
“Recovery means moving further and further away
from illness and closer to re-joining society.”

– MI Fellowship Victoria participant
▲

2011-2012 **annual report**

About us

Mental Illness Fellowship Victoria is a not-for-profit organisation that works to create better lives for people with mental illness and their families.

We were established in 1978 by families wanting to improve the services and information available to people affected by mental illness. Today, Mental Illness Fellowship Victoria is one of Australia's leading community managed mental health agencies, supporting thousands of people each year.

Our mission

Social inclusion for people with mental illness: a home, a job, relationships.

Our values

Honesty, acceptance, equity, flexibility, commitment and participation.

Our behaviour

- > Informed by the lived experience of mental illness
- > Enables recovery
- > Advocates for change
- > Collaborative
- > Innovative
- > Best practice

Our organisational goals: 2012-15

1

Create systems to deliver social inclusion.

2

Build and deliver integrated services through evidence-based practice and innovation to deliver social inclusion.

3

Build our organisational capacity to facilitate social inclusion.

What we do

We work in partnership with people with mental illness and their families to:

- > Deliver recovery programs
- > Advocate for improved support and opportunities.

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Our work in these areas reached a total of more than **65,000** people in 2011-12

- > Program participants **4,131**
- > Helpline calls **2,794**
- > Advocacy and awareness activities **58,407**

Key Achievements 2011-12

- > We expanded our employment and training programs into the ACT.
- > We commenced operation of the Doorway housing and support demonstration program.
- > We increased our capacity to provide residential care to young people.
- > We strengthened our Lived Experience Workforce.
- > We put systems in place to broaden purposeful participation by consumers and carers in the development, delivery and evaluation of our programs.
- > We commenced the roll-out of an electronic client management system.

Key Challenges 2011-12

- > We sustained a financial loss on our employment service business. We also brought to account losses on investments from previous years. Despite this, total income for the year was \$18.9m. Budgeted expenditure for the 2012-13 financial year has been brought into line with the reduced revenue.
- > Reforms occurring within the Victorian mental health sector have created a degree of uncertainty about how some programs will be delivered and funded in the future. We expect more clarity to emerge on these issues in the coming year.

Overview

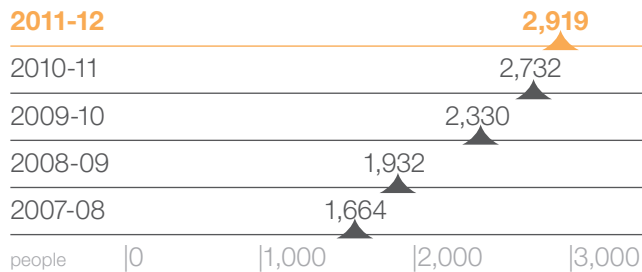
The people we worked with and how we worked with them

We use the word 'participant' to describe people with mental illness and their families, friends and carers who take part in our programs and use our services.

In 2011-12 we worked with 4,131 participants and our Helpline responded to 2,794 calls.

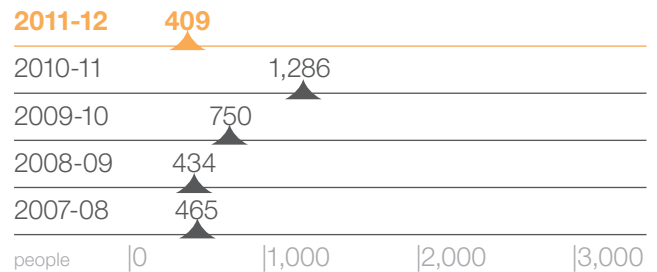
Home and Community see pages 06-11 >

Program participants



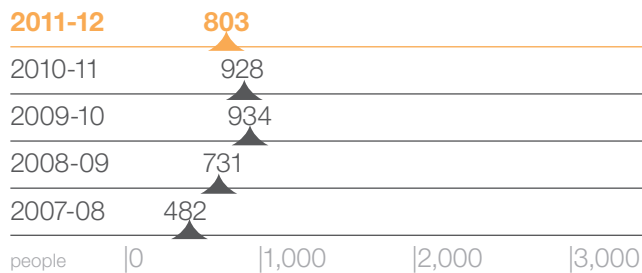
Work and Study see pages 12-13 >

Program participants

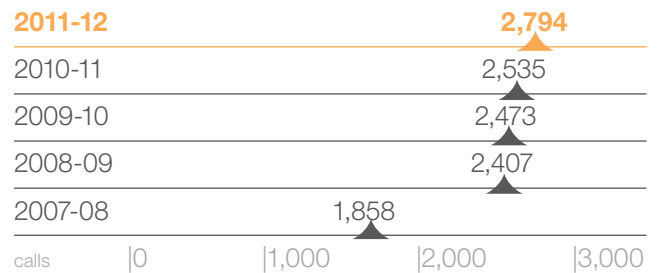


Relationships see pages 14-15 >

Program participants



Helpline Calls see pages 14-15 >

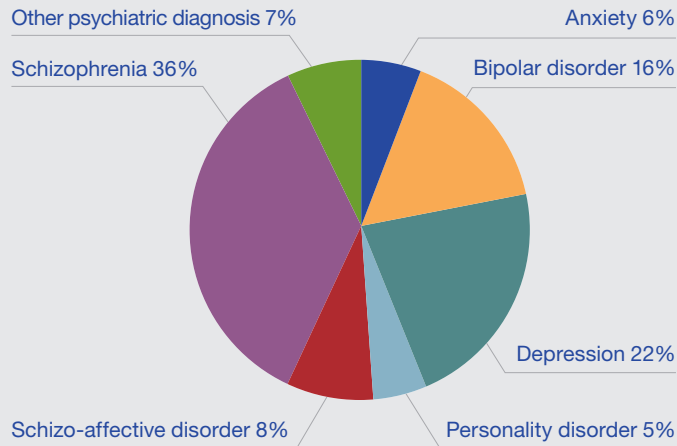


Advocacy and Awareness see pages 16-17 >

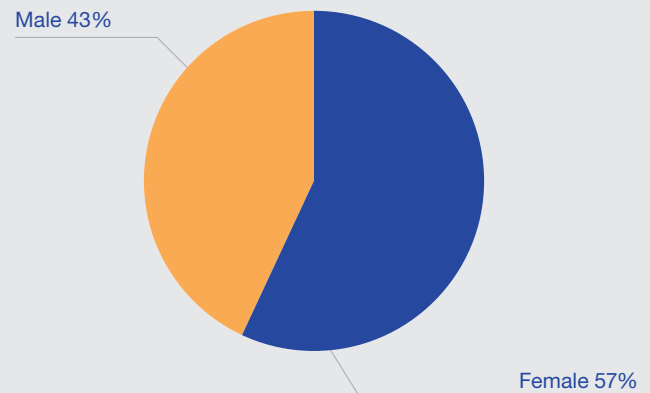
reached approximately 58,407 people



Mental health conditions of people we work with



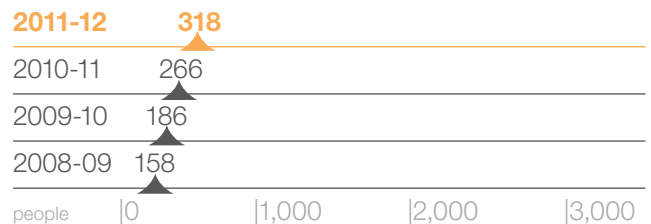
Gender breakdown



Participants identifying as Aboriginal or Torres Strait Islander



Participants from culturally and linguistically diverse backgrounds



Peer Support and Consumer Participation

People with lived experience of mental illness, family members and carers of people with mental illness, actively participate in the development, delivery and evaluation of our programs and services. This not only improves the quality of our programs, but according to a growing body of evidence, also improves outcomes for participants.

In 2011-12 we employed 45 people with lived experience of mental illness in paid and voluntary roles, including as support workers, educators and consumer consultants.

During the year we worked to increase support and leadership opportunities for our lived experience workforce. This included the introduction of a training program specifically for Lived Experience Workers, and the establishment of a peer hub to enable greater professional collaboration and support between Lived Experience Workers.

We also commenced a large-scale project to strengthen participation in our organisation by consumers and carers. This has included the establishment of a quality framework to guide and measure participation processes and outcomes.

President's Report

Paul Montgomery

Paul Montgomery



2012 marked the third year of our 4-year Strategic Plan, and time to carry out a mid-term review in light of the large-scale changes occurring in Federal and State government approaches to mental health care.

Consultations with members and participants found that the key priorities of our strategic plan remained unchanged, but there was room to further refine these priorities down to two very clear 'reasons for being' for our organisation:

1. ADVOCACY

MI Fellowship Victoria was founded by members of the community who were seeking better support and services for individuals and families affected by severe mental illness. The review of our strategic plan confirmed that making governments and the wider public aware of the gaps in support for people with mental illness and their families continues to be a primary objective for our organisation.

2. RECOVERY

Our other primary objective is to address these service gaps with programs that are individually tailored to support people on their recovery journeys so that they can attain their hopes and goals. Participants and members tell us that the areas of greatest importance in their lives are: Home, Work and Relationships. And so our recovery programs continue to support people in these three fundamental areas.

The Board of Directors endorsed these two key priorities and finalised a strategic plan to enable MI Fellowship Victoria to make sustainable gains in each priority area. The newly revised plan now extends to 2015.

During the year the Victorian Government commenced the first major reform of community-managed mental health services since the process of de-institutionalisation 20 years ago. When this process is complete, which is likely to be within the next two years, there will be fewer community mental health agencies, and they will be required to be working more closely with each other to deliver a range of integrated service options from which individuals can choose.

As a leading provider of evidence-based recovery services in Australia, MI Fellowship Victoria is preparing itself so that it can continue to respond to the needs of people with severe mental illness and their families in this emerging landscape.

Our Board of Directors remained unchanged over the course of the year, and I thank them for their contributions to our deliberations during 2011-12.

On behalf of the Board I acknowledge the generosity of our donors, supporters and members, who make a large part of our work possible. We were extremely grateful to retain the support of our long-time major partners: Middletons Lawyers, SEW Eurodrive and the Woodcock family. I also thank the staff at MI Fellowship Victoria for their excellent work over the year.

Despite the uncertainty of the times, this annual report demonstrates how Mental Illness Fellowship Victoria is continuing to provide recovery support to thousands of people each year, as well as continuing to seek out opportunities to improve the quality and availability of community-based mental health services.

Chief Executive's Report

Elizabeth Crowther



We have emerged from a challenging year in 2011-12 with renewed commitment to our dual purposes of **advocacy** and **recovery**, and exciting developments in our recovery programs.

We were excited to be able to take on the operation of two enterprises in the ACT which offer employment and training opportunities for people with mental illness. We further added to our range of ACT service options when we were awarded the tender to operate a Step-Up/Step-Down residential recovery program for young people in partnership with ACT Health.

The Doorway housing and support demonstration program is now firmly established in all three of its catchment areas with 50 people entering the private rental market - many for the first time. We have been heartened by the response of real estate agents and landlords to the program, and acknowledge our clinical partners for their role in the program's success. I also thank the Victorian Minister for Mental Health, The Hon Mary Wooldridge, for her willingness to seek out solutions to the very high rates of homelessness among people with mental illness.

As an organisation we continue to work towards improved understanding and responses to people's lived experiences of mental illness. This includes ensuring that a good proportion of our workforce can bring their lived experience to peer support roles. During 2011-12 we undertook a number of initiatives to better support our lived experience workers, including the establishment of mechanisms so that peer workers can share resources, information and experiences to strengthen their practice.

Because getting the right job with the right support is so important to mental health recovery, the organisation continued to operate a specialist employment service during 2011-12, funding this to the extent of \$645,000.

During the year we made the decision to endeavour to scale up the service to a size that would make it financially viable by competitively tendering for Federal Government employment service contracts. At the time of writing we have been advised that we were not successful in this process. Although this is disappointing, it is not wholly unexpected given the highly competitive nature of the employment services sector - this year's tender process attracted submissions from close to 1,700 organisations.

We are currently analysing what the specific impact of this will be on our capacity to offer employment services in the future. Our analysis will include investigation of alternative funding sources.

During the year we consolidated unrealised investment losses from unfavourable market performance in previous years, sustaining a loss of \$766,000. A restructure of our investment portfolio and the appointment of a new fund manager are expected to improve investment performance in the future.

In the context of the above, we ended the year with a \$1.4m deficit. In anticipation of this result, we consolidated our resources, preparing the organisation for a stronger financial outcome at the end of the 2012-13 year.

Uncertainty in the political and policy environments has been a challenge for MI Fellowship Victoria this year, along with many other organisations. Despite this, I am proud that we have worked with 4,131 participants at the same time as achieving innovation and improvement in our programs.

I am sincerely grateful to everyone who contributes to our work - participants, members, volunteers, directors, staff, partners and supporters. By continuing to work together we continue to create opportunities and improve lives.

Home



42% of people with mental illness are homeless or living in tenuous housing - yet a stable home is crucial to recovery.

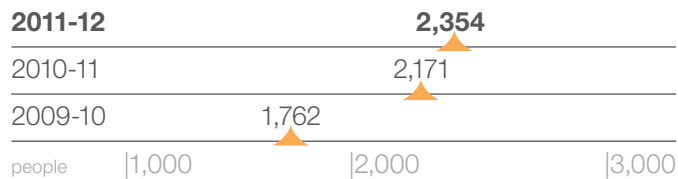
We supported 2,354 people to find homes, keep homes, and minimise time in hospital.

“When I’ve been homeless, I’ve been scattered all around the place - mentally as well as geographically. Stability in my living arrangement seems interconnected with my mental stability.”

– Participant, 2012

2011-12 highlights

- 8% increase in the number of people we supported with home-centred programs reflecting success in attracting new funding and also in maintaining a recovery focus.
- Successful roll-out of the Doorway housing and support program across three catchment areas, showing that, with the right support, people with mental illness can access and sustain private rental tenancies.
- Awarded the tender to establish a Step-Up/Step-Down residential recovery program for young people in the ACT in partnership with ACT Health, to begin operation in 2013.

Total participants in home-centred programs**Home-based outreach services**

Funded through the Victorian and ACT State Governments.	Participants in 2011-12	2010-11	2009-10
Delivered across MI Fellowship Victoria metropolitan and regional sites, and in the ACT. Supports people in their homes to develop and strengthen skills for independent living and to access community services to maintain or improve wellbeing.	520	513	448

Personal Helpers and Mentors Service (PHaMs)

Funded through the Commonwealth Government	Participants in 2011-12	2010-11	2009-10
Delivered in Frankston, Rosebud, and Western Port. Provides teams of support workers and peer mentors to assist people to develop skills, confidence and social networks for living successfully with mental illness. During 2011-12 we were successful in extending our Frankston program to people from Aboriginal and Torres Strait Islander backgrounds.	149	114	105

Doorway Housing and Support Program

Funded through the Victorian Government.	Participants in 2011-12	2010-11	2009-10
Delivered in the metropolitan areas of Banyule and Yarra, and the regional shires of Baw Baw and Latrobe. Partners: Austin Health, St Vincents Hospital (Melbourne), Latrobe Regional Hospital, Real Estate Institute of Victoria A 3-year demonstration program supporting 50 Victorians to find and sustain tenancies in the private rental market. Based on the 'Housing First' model, the program supports participants to establish homes and community networks and to work towards recovery goals. As an innovative housing approach for people with mental illness, the program is being evaluated by Nous Consulting and by the Victorian Department of Health. Early results are promising, with participants successfully securing rental properties of their choice and establishing homes. Many Doorway participants have also successfully secured paid employment or are actively seeking work.	54	-	-

Home continued

Residential recovery programs

Funded through the Victorian Government.	Participants in 2011-12	2010-11	2009-10
<p>Opening Doors: operates in partnership with Alfred Psychiatry and Inner South Community Health Service and comprises six residential sites across the inner south of Melbourne, offering a continuum of residential rehabilitation care ranging from the intensive support of a Community Care Unit (CCU) to independent living options.</p> <p>Barwon Youth Program: runs five, two-bedroom units in Geelong for young people with mental illness and substance misuse issues.</p> <p>Shepparton Specialist Residential Rehabilitation Program: offers long-term psycho-social rehabilitation in partnership with the Goulburn Valley Area Mental Health Service.</p>	58	58	53

Prevention and Recovery Care Services (PARCS) and Step-Up/Step-Down services

Funded through the Victorian and ACT State Governments.	Participants in 2011-12	2010-11	2009-10
<p>Located in Shepparton, South Yarra and Canberra.</p> <p>These three programs provide short-term residential options for people who require step-up care (early intervention before a person requires admission to a psychiatric inpatient unit) or step-down care (enabling early discharge from hospital for people who continue to require a structured environment).</p> <p>During 2011-12 we continued to see rapid growth in the number of young people using our PARC services. In 2010-11, people aged 25 years and under made up 9% of PARC participants. In 2011-12 this rose to 15%.</p>	282	273	267

Mental Health Pathways Program

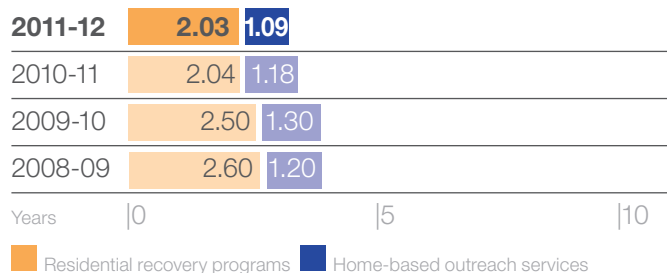
Funded through the Victorian Government.	Participants in 2011-12	2010-11	2009-10
<p>Located in Shepparton and Barwon.</p> <p>These two programs are funded through the Victorian Office of Housing and work with people who are homeless or at risk of homelessness. The majority of participants have mental illness and substance misuse issues and are aged under 25.</p>	71	39	27

Respite

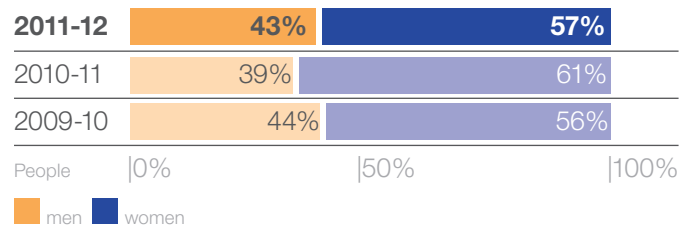
	Participants in 2011-12	2010-11	2009-10
Funded through the Victorian Government.	458	393	461
Funded through the Commonwealth Government	762	781	401
Total	1,220	1,174	862
<p>Available across all MI Fellowship Victoria metropolitan and regional sites.</p> <p>Our respite options are designed to be flexible and responsive, addressing the needs of families and individuals affected by mental illness. Options include respite holidays, day trips, individual and group recreational activities, carer, consumer and family retreats, and family education sessions.</p> <p>We also provide flexible short-term respite in a person's home or out in the community, and occasion-limited respite to cover situations when a carer is unable to provide their usual support.</p> <p>During 2011-12 we continued to strengthen our capacity to respond to the respite needs of culturally diverse families, and worked closely with CALD communities to develop and offer culturally specific respite opportunities.</p>			

Average length of stay for home-centred programs

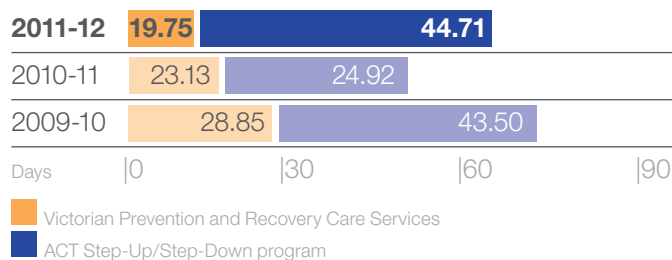
Years: Residential and Home-based Outreach



Gender of participants in home-centred programs



Days: PARCS and Step-Up/Step-Down



Community



37% of people with severe mental illness say social isolation is one of the toughest challenges they face. **We supported 565** people to connect with others through our psychosocial rehabilitation day programs.

“I feel accepted in my neighbourhood. It’s an inclusive place to live. I have some good friends. Others are very tolerant and just do their own thing.”

– Participant, 2012

2011-12 highlights

- An increase in the range of activities participants chose to access and in the range of community settings in which they were delivered.
- 11% of day program participants in 2011-12 came from culturally and linguistically diverse backgrounds, up from 10% the year before and 6% the year before that.

Over the past two-years we have transformed our approach to psychosocial rehabilitation day programs from a centre-based model to a community-based model.

We now focus on assisting participants to utilise existing programs and activities in the community (with support if required) to enable people to improve their access to local services and supports. Where participants identify common interests or areas in which they would like to gain skills, we develop group activities to address these.

Our day programs receive funding from the Victorian Government.

Day Programs at a glance

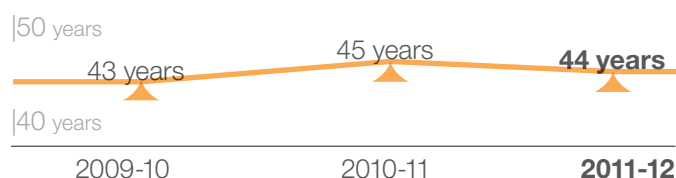
Locations	Activities
Benalla	Book clubs
Cobram	Cooking and nutrition classes
Footscray	Music groups
Frankston	Walking groups
Richmond	Swim and gym sessions
Shepparton	Table tennis groups
Seymour	Ready for work workshops
Warragul	Creative writing groups
Werribee	Confidence and conversation club
Wonthaggi	English confidence and conversation club (for Vietnamese speakers)
Delivered in a range of community locations including: libraries, sports and leisure centres, neighbourhood houses, community mental health services, local cafes, headspaces, and mental health clinics.	Introductory computer classes
	Gardening groups
	Art groups
	MI Recovery program groups
	Guest speakers
	Positive thinking/ motivation sessions
	Photography classes
	Relationships workshops
	Men's and Women's groups
	Physical health groups

Day Program participation

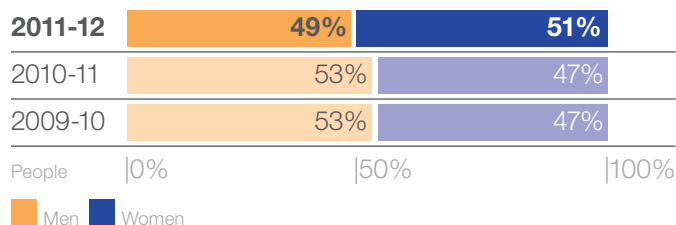
Number of day program participants



Average age of day program participants:

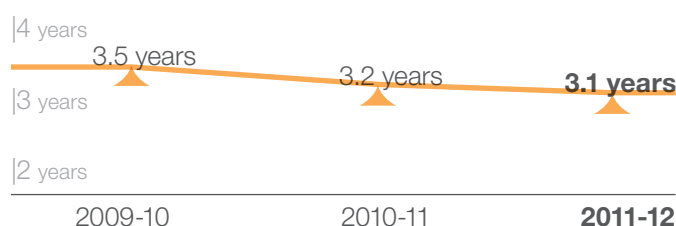


Gender of day program participants



Outcomes

Average length of stay (years)



We monitor the outcomes for day program participants in a number of ways, including:

- Analysing data collected through Basis 32 and Camberwell Assessment of Needs Measures.
- Reviewing the extent to which Individual Recovery Plans match the needs identified by individuals.
- Assessing any changes over time in the number and type of needs identified by participants.

Reference:

People living with psychotic illness: Report on the Second Australian National Survey. Australian Government, 2011.



Work and study

75% of people with a psychotic disorder are unemployed – yet research shows that most people with a mental illness want to work. **We supported 409** people this year to return to study, and to seek, find and keep jobs.

“Work to me means creating something productive or beneficial. It is a way of contributing or leaving my mark on the world.”

– Participant, 2012

2011-12 highlights

- Commenced operation of vocational recovery programs in the ACT.
- Underwent accreditation for National Registered Training Organisation (and was successfully re-accredited in August 2012).

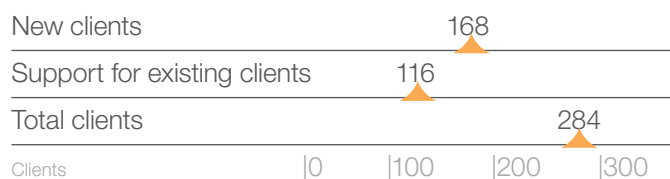
Employment support

MI Fellowship Victoria operates a specialist employment support service for people with mental illness. Our consultants use an evidence based model - Individual Placement Support – which has been shown to secure sustainable employment for people with mental illness more successfully than other employment service models. As part of this model, our consultants provide ongoing support to clients once they are in jobs.

In order to maintain the financial viability of the employment service, in 2011-12 we tendered for Commonwealth Government Disability Employment Service funding. Unfortunately we were advised in October 2012 that we were not successful in this highly competitive process. At the time of writing we are seeking to arrange smooth transitions for clients to alternative employment services.

Despite the disappointing outcome of the tender process, we remain committed to supporting people with mental illness to find and maintain employment, and we are investigating alternative funding models to continue this essential work.

Employment service clients in 2011-12



These figures do not include Ostara clients with whom we worked during part of 2011-12.

In 2010-11 we terminated a sub-contracting relationship with the Ostara employment service after the arrangement was deemed by our Board of Directors to be unworkable. The loss of this share of the market resulted in a significant decline in the number of clients in 2011-12 from 1,228 to 284.

Integration with health and social service providers

There is growing evidence demonstrating that the more quickly a person can access employment support, the more likely they are to enter or re-enter the workforce. We integrate our employment services with mental health and social services, so that employment support is part of a client's coordinated recovery plan. In addition to offering employment services from our own sites in Fairfield, Richmond and Mitcham, our consultants were also located within mental health and community services, and frequently worked as part of a client's case management team.

Employment service partners

St Vincent's Hospital	East Melbourne and Hawthorn
Alfred Psychiatry	South Yarra
Eastern Health	Box Hill and Glen Waverley
Southern Health	Dandenong and Clayton
Austin Health	Heidelberg
Doutta Galla Community Health	North Melbourne
Sacred Heart Mission	St Kilda
ADEC (Action on Disability in Ethnic Communities)	Preston
Dept of Human Services, Neighbourhood Renewal	Heidelberg
Forensicare, Thomas Embling Hospital	Fairfield

Journey to Social Inclusion Project

During 2011-12 MI Fellowship Victoria continued to be a partner in Sacred Heart Mission's 3-year Journey to Social Inclusion Project. The aim of the project is to assist 40 long-term homeless people to make a permanent exit from homelessness. We provide employment assistance to the project's participants, many of whom have severe mental illness as well as substance misuse issues.

Vocational recovery program

In 2011 MI Fellowship Victoria commenced management of a vocational recovery program in Canberra, offering people with mental illness the opportunity to take part in paid work experience in small businesses, in preparation for employment in the open job market.

The program runs two businesses. The One Moore Coffee cafe in the heart of Canberra City gives participants the chance to work alongside qualified and experienced food and hospitality supervisors, learning the skills necessary for working in a successful food business.

The NorthSouth Contractors Gardening Service provides gardening and home maintenance services to a growing list of customers, giving trainees the chance to gain skills and undertake qualifications in fields such as horticulture and landscape design.

In 2011-12 a total of 24 people participated in the ACT vocational recovery program.

Education and training

With the onset of psychotic illness often occurring during a person's late teens or early twenties, only 31% of Australians with psychotic illness have completed year 12.

MI Fellowship Victoria runs accredited training that offers people the opportunity to return to study in an environment that understands the challenges of mental illness.

In 2011-12 a total of 101 students took part in certificate courses in aged care, retail, asset maintenance, community services, general education and pre-accredited preparation courses. Courses were held in Fairfield, Richmond, Frankston, Geelong, Warragul, and Wonthaggi.

References:

Disability, Ageing and Carers, Australia: Disability and long term health conditions. Australian Bureau of Statistics, 2003.
People living with psychotic illness: Report on the Second Australian National Survey. Australian Government, 2011.



Relationships

69% of people with severe mental illness say their illness makes it difficult for them to maintain close relationships. **We assisted 803** people to maintain and create relationships. Our Helpline responded to **2,794** calls.

“I will never forget the day my son and I chatted for 10 minutes, then it was 15 minutes and then one day it was five hours.”

– Participant, 2012

2011-12 highlights

- First *Well Ways* Family Education program delivered in Chinese, by Chinese-speaking accredited *Well Ways* facilitators.
- Expansion of *Well Ways MI Recovery* program into Western Australia in partnership with Mental Illness Fellowship Western Australia.

Wells Ways program

Well Ways is a suite of peer-led education programs developed by MI Fellowship Victoria to support people with mental illness and their families to manage the impact of mental illness on their lives.

Well Ways for people with mental illness

The *Well Ways MI Recovery* program is an education program informed by current evidence on mental health recovery processes. The program provides information and skills to empower people to manage mental illness,

build relationships with others on a similar journey, make positive changes in their lives, and re-discover their hopes and dreams. The program is facilitated by people who bring their own recovery experiences and who are themselves past participants of the program.

During 2011-12 there was significant expansion of the program into Western Australia, with 51 Western Australians completing the program. To support this growth, an arrangement has been established with Mental Illness Fellowship Western Australia to provide local support and mentorship to program facilitators.

Well Ways Family Education

Our three *Well Ways* Family Education programs are delivered by trained facilitators who have lived experience as family members of a person with mental illness. The programs provide information and skills to increase the capacity of families and friends to care for themselves, other family members, and their relative living with mental illness.

Well Ways: Building a Future – eight weekly sessions exploring the causes of mental illness and its emotional impacts, providing carers with a supportive basis for moving forward.

Well Ways: Duo – six weekly sessions for families and friends of people with dual diagnosis (mental illness and substance misuse).

Well Ways: Snapshot – a one-day session introducing carers to concepts relating to the impacts of mental illness on family members and the importance of self-care.

A 2011 evaluation of the *Well Ways: Building a Future* program found that it significantly reduced anxiety, depression, worry and tension in participants, and increased their feelings of self-empowerment.

In 2011-12 we continued our work on developing culturally-specific *Well Ways* Family Education programs, with Chinese-speaking *Well Ways* facilitators delivering their first *Well Ways* program (in Chinese) in early 2012.

Around 18% of *Well Ways* Family Education participants in 2011-12 came from CALD (culturally and linguistically diverse) backgrounds.

Well Ways facilitator training

During the year 27 people were trained as accredited *Well Ways* Family Education facilitators, and 10 people were trained as accredited *MI Recovery* facilitators, adding to the pool of people able to deliver *Well Ways* programs around Australia.

Participants in Well Ways programs

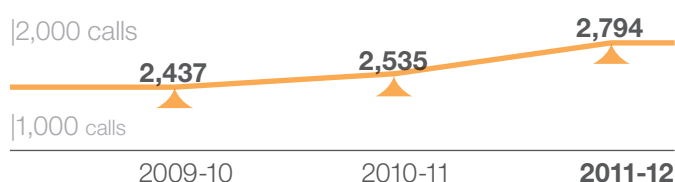
Program	State	2011-2012	2010-2011	2009-2010
Well Ways Family Education programs	Victoria	251	321	229
	Other States	450	482	542
Well Ways MI Recovery programs	Victoria	38	34	34
	Other States	64	26	56
Total		803	863	861

Helpline

The MI Fellowship Victoria Helpline is an information, referral, and support service that is available to any person affected by mental illness. It operates from Monday to Friday 9am – 5pm, and is managed by a coordinator, and staffed by trained volunteer peers who understand the challenges faced by those living with a mental illness, and for those who are caring for someone.

The Helpline responded to 2,794 calls during 2011-2012 – a 10% increase on the previous year. The majority of the calls (62%) were from people with a mental illness, 20% from carers, and family members, with the rest of the calls coming from concerned friends, service providers and students.

Helpline calls



Counselling

During 2011-12 MI Fellowship Victoria made the decision to close its counselling service. The decision was based on the need to focus resources on peer education and support programs. The counselling service was established at a time when there were fewer options for people with mental illness and their families, and has offered valuable support for the past 30 years. Currently, low-cost or free counselling has become increasingly available under the Better Access to Mental Health scheme and through other organisations. We ensure that people are connected with appropriate counselling services.

References:

People living with psychotic illness: Report on the Second Australian National Survey. Australian Government, 2011.

Stephens J, Farhall J, Farnan S and Ratcliffe K. 'An evaluation of Well Ways, a family education programme for carers of people with a mental illness.' *The Royal Australian and New Zealand College of Psychiatrists Journal*, 2011.

Advocacy and awareness

In it together:
creating a home, building lives

Stigma and lack of community understanding continue to be critical barriers to social inclusion for people with mental illness. In 2011-12, an estimated **58,407 people engaged** in our advocacy and awareness activities.

Government advocacy

Through our representation on Federal and State government committees, our responses to government enquiries and announcements, and participation in events and campaigns, we continued to advocate for improved support for people with mental illness and their families.

During the year we partnered with City of Melbourne and the Council to Homeless Persons to present the Homelessness Summit which considered new and existing responses to homelessness. We joined many other organisations during the year in supporting the Every Australian Counts campaign which resulted in the announcement of a National Disability Insurance Scheme in July 2012.

We continued to take every opportunity for staff, participants, and Board members to meet with members of both State and Federal parliaments.

Submissions made in 2011-12:

- Submission to the Federal House of Representatives Standing Committee on Education and Employment in response to the Inquiry into Mental Health and Workforce Participation, July 2012.
- Submission to the Commonwealth Department of Health and Ageing in response to the National Mental Health Road Map, February 2012.

- Presentation to the Victorian Parliamentary Inquiry into Workforce Participation of People with Mental Illness, March 2012.
- Response to the Victorian Government, Department of Health, on the Psychiatric Disability Rehabilitation and Support Services Framework Consultation Paper, June 2012.

Bruce Woodcock Memorial Lecture

Our Annual Bruce Woodcock Memorial Lecture was held in May 2012, attracting 320 people to a discussion on the topic of creating stable homes for people with mental illness.

The keynote speaker was Dr Sam Tsemberis, CEO of Pathways to Housing in the United State, who is widely credited with being the founder of the 'Housing First' approach to homelessness. The topic was introduced by The Hon Mary Wooldridge, Minister for Mental Health, Women's Affairs and Community Services. Presentations on the Doorway housing and support program were delivered by Laura Collister (Mental Illness Fellowship Victoria) and Dr Tim Rolfe (Austin Health). Stefan Ady discussed his experience of the Doorway program.

A post-event survey found that the majority of audience members (44%) were family members of people with mental illness, 5% of audience members were people with mental illness, and 36% of audience members were people working in the mental health or community sector.

The Woodcock Lecture continues to be an important public forum for raising and discussing issues that are confronting people who are affected by mental illness. We thank the Woodcock family for their generous sponsorship of the lecture for 14 years.

Open Mind Fiesta

We presented our 10th Open Mind Fiesta in October 2011. This major community festival is the closing event for Mental Health Week in Victoria, and last year was held in the lively retail precinct of High Street Preston. Close to 10,000 people attended, and 130 volunteers from the community worked throughout the day to make the event possible.

Featuring stalls, music, performers, children's entertainment and information booths from many health and wellbeing organisations, the theme for the 2011 Fiesta was *In it Together: physical health and wellbeing for people living with mental illness*.

We are grateful for the support of City of Darebin, Preston Central, Leader Community Newspapers, Lilly and a group of generous event sponsors.

Speakers Bureau

Our Speakers Bureau provides trained speakers with lived experience of mental illness to present to corporate, community and school groups.

This year there was a 58% increase in the number of engagements for Speakers Bureau presenters – up to 131 engagements from 83 engagements the year before. This increase allowed for an expansion of the team. We ran two training workshops for speakers, and extended the training program from three to five days.

Our collaboration with The Dax Centre is continuing to result in a large number of requests for Speakers Bureau presenters to share their lived experience of mental illness with year 11 and 12 students.

 Number of active **Speakers Bureau presenters**: 16

 Number of **engagements**: 131

 Number of **audience members** reached: 4,329 (est.)

Brainwaves

Brainwaves is a weekly radio program airing on 3CR Community Radio each Wednesday drive-time. The program is funded by MI Fellowship Victoria, coordinated by our peer support team, and produced and presented by people with lived experience of mental illness.

During the year we increased the number of people participating in the production and presentation of the show. A total of nine people completed 3CR's introductory radio training course, and four people completed media law training.

Since first going to air in 2010, Brainwaves has earned itself a reputation as an important contributor on mental health issues and attracts a steady flow of prominent and relevant guests.

3CR Community Radio estimates that around 5,000 people listen in to each show.

 Number of **Brainwaves producers/presenters**: 14

 Number of **programs produced**: 52

Communications

Our website contains free, downloadable fact sheets on mental illness, information on how to access our support services, and other mental health news. A total of 35,258 unique visitors visited the site in 2011-12 – a 7% increase on the previous year.

Our free monthly e-newsletter, MI Voice Update, contains information, stories and links for anyone with an interest in mental health issues, and is sent to 3,500 people each month.

We worked with print, broadcast and online media to place informative, insightful and hopeful stories about mental illness and the role of community-based services in supporting mental health.

Journal articles by MI Fellowship Victoria staff

Farnan S. 'Well Ways Family Education: for families and carers of people with mental illness.' *New Paradigm*, Summer 2011, pp 6-14.

Ladd E. 'Doorway: Creating a home, building lives.' *New Paradigm*, Autumn 2012, pp 21-23.

Kelleher M and Rinaudo B. 'The role of self-efficacy in fostering resilience in people with a mental illness'. *TheMHS Conference Annual Journal* 2011.

Rinaudo B and Ennals P. 'Mental illness, supported education, employment and recovery: Ben's story'. *Work: A journal of prevention, assessment and rehabilitation*. Vol 43:1 2012, pp 99-104.

Opportunity shops

Our op shops in Kew and Northcote are not only important businesses in their own right, they also provide a unique opportunity for volunteers, participants and carers to engage with customers in a non-confronting environment.

A dedicated team of volunteers keep the op shops going on a day-to-day basis. Many of these people have volunteered for many years, and we thank them all for their service.

During the year we were fortunate to receive generous donations from a number of supporters, including Runners World in Kew, and Madras Link (homewares).

Governance and management

Board of Directors

Mr Paul Montgomery

President

Chair, Finance Audit and Resource Management Committee

Qualifications: Bachelor of Arts and Laws
Appointment: 25 September 2006

Paul has a wealth of experience in strategy and leadership development and these skills were demonstrated over 12 years as managing partner of a respected law firm. Currently a principal of a professional services consulting company, he continues to provide advice and guidance to a range of organisations. He is a member of the Australian Institute of Company Directors, is a Director of a number of private companies and is also the current chair of the Royal District Nursing Service.

Mrs Diane Brown

Vice President

Qualifications: Advanced Certificate in Business Studies

Appointment: 20 September 2000

Diane has family experience of mental illness and convened the Wodonga Support Group for five years. She has 16 years' senior paralegal experience and retired in 2007 and is a past member of the Melbourne Health Research and Ethics Committee. Diane has recently published a memoir dealing with the issues of suicide and depression.

Mr Darrel Drieberg

Chair, Directions Committee

Qualifications: Diploma of Business Studies (Accounting), Certified Management Accountant, Licensed Real Estate Agent

Appointment: 17 December 2007

Darrel is a corporate strategist and management consultant. He has worked in the petroleum, development banking, merchant banking and manufacturing sectors. He has consulted extensively in the not-for-profit sector, particularly in the area of employment services, and is the co-author of Financial Management Handbook for Not for Profit Organisations, published in 1997. Darrel is a director of a number of private companies and is chairman of BioAg Pty Ltd.

Ms Lyn Allison*

Chair, Policy and Advocacy Committee

Qualifications: Bachelor of Education
Appointment : 8 August 2008

A former secondary school teacher, Lyn was elected to the Federal Parliament in 1996 and 2001 and held the health portfolio for the Australian Democrats for 10 years. She initiated and chaired the Senate Mental Health Inquiry, reporting in 2006, which led to an extra \$4 billion in Commonwealth and State spending on mental health. Lyn now chairs the Policy and Advocacy Committee of

the MI Fellowship Board and serves on the Appointments and Governance Committee. She is also a Director of Orygen Youth Health and on several other health-related not-for-profit boards.

Mr Kevin Abrahamson

Chair, Appointments and Governance Committee

Qualifications: Bachelor of Laws
Appointment: 5 July 2010

A practising lawyer for 45 years, Kevin spent the 12 years prior to his retirement in 2009 as Special Counsel with Middletons and during that period acted on a pro bono basis for MI Fellowship Victoria. He is active in community affairs participating on the Boards and in the activities of several community organisations in the Gippsland region.

Ms Jenny King

Qualifications: Bachelor of Business (Accounting)
Appointment: 21 October 2005

Jenny has more than 30 years' finance experience in the chemical, automotive and paper industries and is currently a senior finance executive with a major ASX listed company. Jenny has an extensive background in strategic planning, budgeting and financial analysis as well as risk management and corporate governance. She is a Fellow of the Australian Society of Certified Practising Accountants (FCPA)

Board Committees

Appointments and Governance Committee

The role of this committee is to consider and report to the Board on matters relating to governance, skill mix, recruitment, orientation and responsibilities of Board Directors.

Achievements in 2011-2012 included:

- Review of Board sub-Committees structure and roles
- Commissioning of the biennial Board Performance Self-Assessment

- Confirmation of election procedures and appointment of Returning Officer
- Establishment of Director Development program including a program of site visits by Directors and financial literacy training
- Review of organisational contract handling

Directors: Kevin Abrahamson (Chair), Paul Montgomery, Lyn Allison, Jenny King, Elaine Price

Directions Committee

This committee oversees the development of innovative and best practice consumer and carer programs and monitors progress on the strategic plan.

Achievements in 2011-2012 included:

- Changes to the MI Fellowship Victoria Award nomination process to allow for non-member nomination for specified awards
- Championing the development of a Clinical Governance framework to be implemented in 2012-2013
- Oversight of organisational performance reporting systems development, with full KPI reporting to be introduced with the implementation of an electronic Rehabilitation Management System
- Oversight of business development and growth strategies aligned with the strategic plan

Directors: Darrel Drieberg (Chair), Diane Brown, Kevin Abrahamson. Non-Directors: Estelle Malseed, Alex Wood, Evan Bichara

Finance Audit and Resource Management Committee

The purpose of this committee is to set broad directions for the short/long-term financial security of the organisation, ensure risk management and audit processes are in place and that the organisation is resourced to achieve its strategic objectives.

and a member of the Australian Institute of Company Directors. Jenny is also a founding council member of the YMCA's Juvenile Justice 'Bridge Project'.

Ms Louise Milne-Roch

Qualifications: Bachelor of Arts, Bachelor of Business, Postgraduate Diploma in Evaluation.

Appointment: 20 January 2003

Louise serves on another health related, not-for-profit Board, and is a graduate of the Australian Institute of Company Directors. She runs her own consulting company providing advice to clients in the health and welfare sectors. Previously she has held a number of CEO positions in the health sector and has wide experience across the mental health and health fields, from clinician to facility manager. Louise has family experience of mental illness.

Mrs Elaine Price

Appointment: 24 January 2005

Prior to retirement Elaine was a financial analyst in the manufacturing industry, both in Australia and overseas. Elaine is a keen advocate for people with a mental illness their families and friends and has volunteered over a long period at MI Fellowship Victoria as both a Well Ways facilitator and Helpline volunteer and is now MI Fellowship Victoria's representative with the Rotary Club of Preston. Elaine has been recognised for her on-going work on behalf of people with a mental illness and other fields within the community, receiving a Paul Harris Fellowship from Rotary International in 2007 and 2011.

Mr Theo Krambias

Qualifications: Bachelor of Applied Chemistry, Bachelor of Science (Hons), Master of Business Administration (Marketing)

Appointment: 10 October 2008

Theo was an innovator and supporter of the first Open Mind Fiesta in 2001 and has remained committed to raising awareness of mental health and the importance of social inclusion. He brings to the Board experience in the health industry as well as hospitality and property development. Theo is also a Board member with OzChild and the Cyprus Community of Melbourne and Victoria.

Dr Julian Freidin

Qualifications: Bachelor of Medicine, Bachelor of Surgery, Master of Psychological Medicine, Fellow of the Royal Australian and New Zealand College of Psychiatrists

Appointment: 22 June 2009

Julian is a Consultant Psychiatrist at Alfred Health and is clinical leader of a specialist outreach service for homeless people who have mental illness. He was President of the Royal Australian and New Zealand College of Psychiatrists between 2005 and 2007. He currently chairs the Advisory Committee and the Steering Committee for the new MI Fellowship Enhanced Housing First Project, Doorway.

Ms Jan Hatt

Qualifications: Bachelor of Arts (Sociology), Cert IV in Office Administration

Appointment: 4 April 2011

Jan has a background as an active and passionate consumer advocate in the mental health sector, having worked with organisations such as VMIAC and, currently, Nearn. Her significant work on a Consumer Participation Project culminated in presentations of papers at the 2010 Vicserv and TheMHS conferences. Jan's personal and professional experiences are extremely valuable to the work of the MI Fellowship Victoria Board.

Mr Rob Hughes

Qualifications: Bachelor of Business (Accounting)

Appointment: 27 June 2011

Rob brings a wealth of experience in providing advisory services to major organisations in the manufacturing, government, financial services, education, pharmaceutical, insurance and utilities sectors in Australia, particularly in the area of business strategy. Before joining the Board, Rob had previously worked as a consultant to MI Fellowship Victoria on a number of strategic initiatives.

* Changes to Board since 30 June 2012

- Ms Lyn Allison resigned on 16 July 2012.
- Mr Neil Cowan was appointed on 27 August 2012.

Achievements in 2011-2012 included:

- Due diligence and oversight of the merger with Vista Vocational Services (ACT)
- Implementation of the investment strategy and transition to a new investment advisor
- Improvements to financial reporting and forecasting

Directors: Paul Montgomery (Chair), Theo Krambias, Jenny King, Rob Hughes (from September 2011)

Policy and Advocacy Committee

The purpose of this committee is to oversee the development of MI Fellowship Victoria policies and ensure the effectiveness of its advocacy in influencing mental health policy at State and Federal levels.

Achievements in 2011-2012 included:

- Development of the Consumer Participation on Board Sub-Committees policy
- Environmental scanning and identification of key issues for organisational positioning in light of the PDRSS reforms, implementation of Medicare Locals and preparation for NDIS

- Oversight of the development of the Peer Workforce Framework and Policy
- Re-introduction of Members Forums and development member engagement approaches.

Directors: Lyn Allison (Chair), Julian Freidin, Elaine Price, Jan Hatt (from March 2011)

Executive of the Board

The Executive of the Board is comprised of the President, Vice President and Committee Chairs. It meets to facilitate decision-making between Board meetings and to act as a reference point for senior management. In 2011-2012 the Executive of the Board

established the due diligence structure for the Vista Vocational Services merger and commissioned the review of the roles and structure of Board sub-committees.

Staff support to Board and committees

A number of senior staff members support the work of the Board and sub-committees and are in attendance at meetings. During 2011-2012, meetings were regularly attended by Elizabeth Crowther, Laura Collister, Linda Feenane, Gert Naude, Margaret Burdeu, Advan Hadzic, Sally Curran.

Governance and management *continued*

Management Team

Elizabeth Crowther

Chief Executive

Elizabeth has a 40-year history working in the health sector in Victoria, mostly in mental health, with 20 years in senior management roles in the clinical and psychiatric disability sectors. She was appointed Chief Executive of Mental Illness Fellowship Victoria in 1995.

Elizabeth has a Bachelor of Applied Science, a Diploma of Nursing Education and a Graduate Diploma in Health Administration. Her committee memberships include:

- President, VICSERV
- Asia Australia Mental Health Advisory Council
- Treasurer, Community Mental Health Australia
- Justice Mental Health Partnership Group
- Monash Alfred Psychiatry Research Centre Board
- Mental Health Council of Australia
- Mental Health Standing Committee, Flagship 1 Committee
- Ministerial Advisory Council on Homelessness
- Inducted to the 2012 Victorian Honour Roll for Women

Laura Collister

General Manager, Rehabilitation Services

Laura graduated as an occupational therapist in 1984 and has worked in the mental health field since then in both hospital and community health settings, and as a lecturer in occupational therapy at La Trobe University.

Laura joined MI Fellowship Victoria in 2005 and has embedded evidence-based practice and evaluation frameworks into programs and services. Laura has a Bachelor of Applied Science (Occupational Therapy) and Master of Applied Science (La Trobe University). Her committee memberships include:

- Victorian Department of Health – PARC Advisory Committee
- Victorian Department of Health – Day Program Review Reference Group
- City of Darebin Health Planning Committee

Gert Naude

General Manager, Organisational Services

Joining the team in September 2011 as General Manager Organisational Services, Gert is responsible for ensuring that we have organisational capacity in the areas of Finance, IT, HR, Asset Management, Legal, Quality Control and Administration.

He leads these teams to ensure that our programs are well supported and are aligned with our vision, values and strategic plans.

Gert has significant experience in strategic planning and implementation, through the detail, operational responsibilities, including profit and loss, sales, administrative, finance, IT and general management in large international and medium-sized firms in the publishing, bookselling, media, energy, consulting and not-for-profit industries.

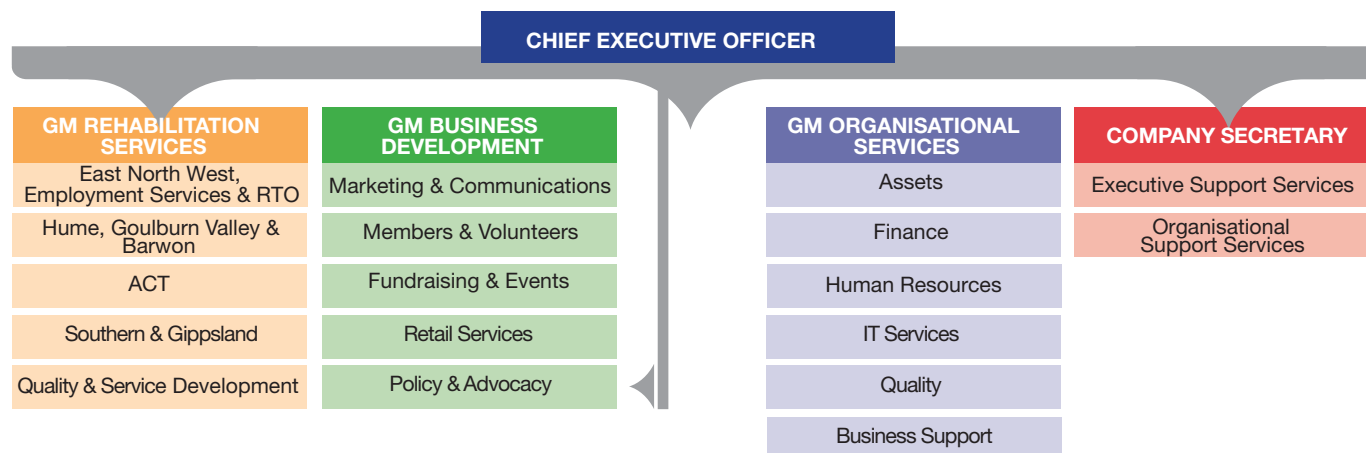
Linda Feenane

General Manager, Business Development

Linda joined MI Fellowship Victoria in July 2010 and is responsible for the management of the organisation's brand and reputation, relationship development, and promotion of the organisation in the areas of fundraising, communications and events.

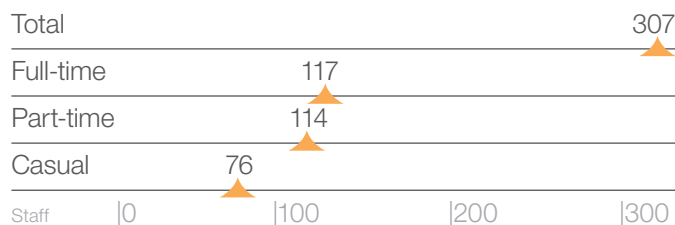
Linda has an extensive background in marketing, public relations and journalism across the commercial sector both in Australia and the United Kingdom, and commenced her career as a cadet in the commercial television industry.

Organisational Structure



Organisational Development

Staff numbers at 30 June 12:



80% of our senior team members are women.

In 2011-12 we continued to develop our people and their capabilities to ensure that we are able to meet and exceed the expectations of people with mental illness and their families. We did this by delivering ongoing opportunities to foster our strong team environment and strengthen our communication effectiveness.

All staff participating in our leadership development program for new managers successfully completed the program and as a result each participant broadened their across-organisation knowledge and networks. Participants also had the opportunity to gain greater awareness of their emotional intelligence and their thinking preferences through the use of the Herrmann Brain Dominance Instrument and other interventions.

To enhance overall organisational communication effectiveness, this year has seen the introduction of the HR intranet site including comprehensive human resources guides for our coordinators and managers.

We have also introduced HR Quest, our web-based employee self serve system, which enables employees to access information relating to their employment and personal details, and to efficiently process HR requests and tasks.

We continued to provide a range of formal opportunities for employees to increase their knowledge and skills. Over 80 staff attended our organisational orientation workshops and approximately 160 staff attended our All Staff Forum in November. Fifteen staff attended our Introduction to Peer Support program and more than 50 staff members attended our Understanding Mental Illness programs.

Occupational Health and Safety

The Health and Safety Committee continues to build a proactive approach in the provision of effective support for health and safety management and we have seen significant improvements in our site audit outcomes over the past 12 months. A key outcome for the year was the completion of testing and tagging across all sites. Our Employee Assistance Program continues to provide a valuable support service for staff. During the period two Workcover claims were lodged.

IT Infrastructure

We enhanced our IT infrastructure in a number of areas in 2011-12 to ensure that our combination of underlying hardware, software and telecommunications are capable of supporting the most current technological applications.

A major initiative was the installation of CommVault Data Management Solution to ensure the consistency of corporate data and systems by providing data backup, recovery, archiving and compliance facilities. Other major developments were the upgrade of the organisation's mail server and the installation of new security software to protect the organisation's network against viruses, spam mail and hacking.

Projects planned for the next 12 months include roll-out and support of smart mobile phones and devices (such as iPhones and iPads) to improve connectivity for staff in the field, an upgrade of PC desktop software to Windows Office 2010, and an infrastructure capacity upgrade to meet future business requirements.

Electronic Records Project

During the year we commenced the implementation of Carelink+, a Rehabilitation Management Software (RMS) system. The new system will consolidate and replace participant data which is currently held in physical document form and across multiple databases.

The new system will streamline our processes for entering and accessing participant records, and will reduce our dependency on paper-based files. Training and rollout for the software is expected to begin in October 2012, and it is envisaged that it will take 6-12 months to have all staff within the Rehabilitation Service using the new system.

Governance and management *continued*

Asset Management

During 2011-12 we continued to review our assets to ensure that they delivered maximum service outcomes, remained economic and fit for purpose. We established the systems and relationships that delivered the housing outcomes in our Doorway demonstration project. We continued to improve our building assets through minor and major refurbishments at our Frankston, Rosebud, Seymour, Richmond and St Kilda sites, and continued with the work on the re-zoning and redevelopment opportunities at our Richmond property.

A major focus next year will be maximising our bulk purchasing opportunities through the packaging of our fuel and utilities service contracts.

Risk management

MI Fellowship Victoria manages a range of risks which could impact on our capacity to provide high quality and effective services now and in the future. In 2011-12 we prioritised improving our risk management practices in three specific areas: (1) safety, (2) financial risk, (3) workforce risks.

In addressing safety risks, we improved the rigor of our site safety audit processes which has led to better management of our essential services requirements, as well as improvements in the quality of our service facilities, including some site refurbishments.

In addressing financial risk, we reviewed and adjusted our financial investment strategy, including the content of our investment portfolio and how it was managed.

In addressing workforce risks, we implemented a new software system (HR Quest) which has enabled the organisation to better track, monitor and plan workforce capacity to ensure appropriate delivery of services.

Quality

One of our fundamental organisational aims is to ensure that we embed quality improvement in our everyday practices, across all our programs. We measure the quality of our services against a number of regular internal evaluations and reviews, as well as having independent accreditation processes.

In June 2012 we were reviewed against the *Quality Improvement Council* (QIC) Standards, the *Psychiatric Disability Rehabilitation Service Standards* (PDRSS) and the *Homelessness Assistance Service Standards* (HASS). Our final audit result is expected in November, but provisionally we are happy to report that, in addition to meeting other standards, we also met a new standard which assessed our processes for Safety and Quality.

In the coming financial year we will undergo audits for our education and training services against the *Standards for NVR Registered Training Organisations 2011* and for our employment programs against the *Disability Service Standards*.

Compliments and Complaints

Feedback about our services is received in a variety of ways including conversations with participants, written and verbal complaints and compliments and comments in response to our written publications.

Complaints and compliments are recorded centrally and monitored to ensure that a response is provided in a timely fashion. In 2011-2012, 25 complaints about issues such as service availability and responsiveness along with communication with members or individual participants, were recorded. We also received 22 compliments or expressions of appreciation for our programs and the support and commitment of staff members.

Environmental Sustainability

With initiatives such as improved recycling, more efficient document printing processes and increased use of our intranet to publish and share internal documents, we continue to work hard to reduce our environmental impact and have seen some great savings in paper and waste. During 2011-2012 we have also reduced the size and number of our vehicle fleet and introduced diesel and hybrid cars to enhance our efforts in environmental sustainability.

Supporters

People from all walks of life contribute to the work of Mental Illness Fellowship Victoria. Some have themselves experienced mental illness; some are showing their support for others.

Major partners

SEW-Eurodrive: a major partner of MI Fellowship Victoria for 14 years and continuing to make a significant contribution to the lives of people with mental illness. In 2011-12 the company donated \$106,380 which it raised through its fundraising events.

Middletons Lawyers: (and its predecessor Molomby & Molomby) has generously provided MI Fellowship Victoria with excellent pro bono legal services for more than 30 years, greatly strengthening our organisational capacity.

Frank and Patricia Woodcock have sponsored the Bruce Woodcock Memorial Lecture for 14 years, providing a unique public forum for the discussion of issues affecting people with mental illness and their families.

“We all have our different stories to tell, but we share the goal of making life better for people living with mental illness.”

Donors and regular givers

Our regular giving program – mifriend – continues to grow. Members of mifriend make a monthly gift to MI Fellowship Victoria, and their solid support makes it possible for us to plan and maintain programs that bring long-term benefits.

We also receive donations from a wide range of people in the community, including individuals, families, workplaces, corporations and community groups. We thank everyone who supported our work during the year.

A list of major donors and supporters is included on the inside back cover of this report.

Volunteers

In addition to our Board and Committee members who donate their time and expertise, a total of 186 people volunteered for MI Fellowship Victoria during 2011-12.

We greatly appreciate the skills, experience and commitment that volunteers bring to our organisation and thank them all sincerely for their contributions.

MI Fellowship Victoria Annual Awards

Life Governor

David Slack: For his generous financial support of MI Fellowship Victoria over 11 years which has funded program innovations that would otherwise not have been possible.

Volunteer of the Year Award

June Richards: For the high standard she has set as a volunteer on the MI Fellowship Victoria Helpline, providing thorough, timely and compassionate information and support to all callers.

Mental Health Community Awards

Evan Bichara: For his tireless and wide-reaching advocacy to foster understanding of mental illness in the community and to increase opportunities for the voices of people with mental illness to be heard.

Boyce Felstead: For his passionate and collaborative work over many years towards improving services in Melbourne's north east for people with mental illness and their families.

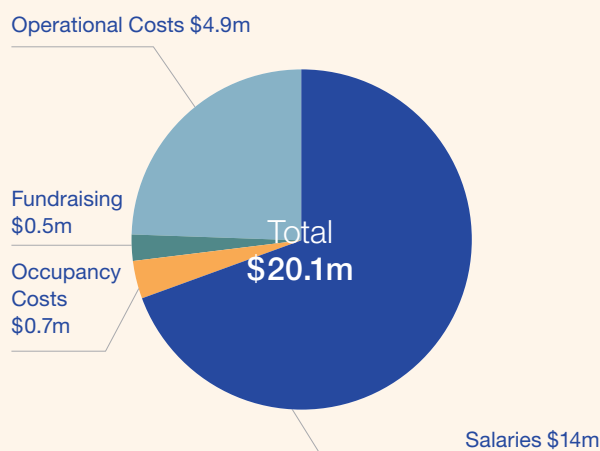
Kavisha Mazzella: For her outstanding artistic leadership and empathy in bringing together the voices of people living with the impacts of mental illness to create a uniquely beautiful community choir.

Volunteers

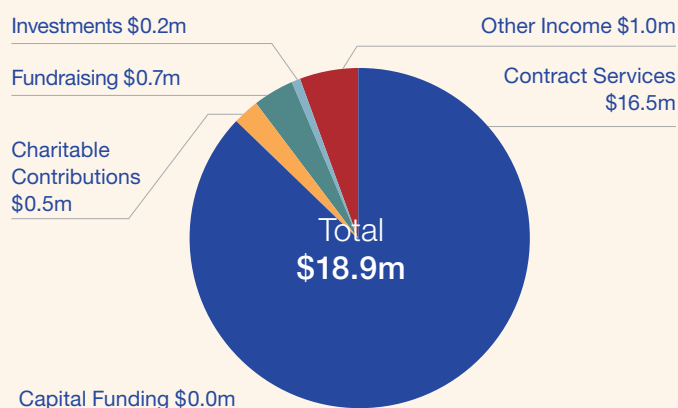
Margaret Affleck	Nan Catterina	Gallagher	Zanna Jodlowska	Molly Lovatt	Arthur Nicolau	Maheshayini Sooriyakumaran	Gabriel Voglis
Ali Reza Adibnia	Tiffany Cheah	Annie Gargano	Di Jodlowska	Robert Lyons	Ruby Nunan-Jackson	Maria Sourtziz	Adrian Walker
Monique Alexander	Jo Chettleburgh	Selena Gately	Peter Jones	Vivienne Lyons	Terri O'Connell	Cimmone Spiteri	Jacqui Walker
Sally Anais	Geoffrey Clough	Andrew Gatto	Daniel Jorgensen	Joycelyn Ma	Shing Ong	Tanya Sriboonmak	Ruth Walsh
Geena Angove	Louisa Cochrane	Maree Georgakopoulos	Oliver Jowsey	Timothy Mak	Mona Osborne	Arthur Staiois	Bradley Ward
Andrew Arena	Bernard Collins	Hamish Gifford	Kylie Jung	Ibrahim Mahdi	Richard Perry	Gaye Stewart	Stephanie Watts
Connie Argyropoulos	Pauline Collyer	Kirsha Gilbert	Kylie Jung	Josie Marsicano	Juliet Pettitt	Bill Stowe	Ryan Wee
Ben Assan	Barbara Crichton	Neiraja Gnanaswaran	Neil Katselas	Mary Martell	Maud Philip	Michelle Susay	Amy Wills
Chantelle Augello	Iris Cuthbert	Phey Yee Goh	Michael Keil	Mary Martell	Jenny Phillips	Jenine Taylor	Melissa Wilson
Glenn Barber	Genevieve Daly	Kay Gross	Mel Kelleher	Glenda Maxwell	Lucy Piccoli	Kayley Teo	Rose Windmillar
Alison Behrend	Margaret Darby	Roma Guerin	Kevin Kelly	Simone McAlley	Anu Prabhakara	Pearl Tilly	Bernadette Wood
Charlotte Boadle	Mary Deam	Alex Hall	Kayne Kendrick	Francis McCredie	Deidre Randell	Eugene Ting	Alex Wood
Sarah Booth	Faye Di Fabio	Elizabeth Hall	Daniel Kigo	Gema McGlin	Jonathan Rasmussen	Sam Tomarchio	Katie Wood
Noelene Braddock	Carlo Di Fabio	Lara Hamilton	Hannah Kim	David McLeod	Maris Rawley	Justin Tomy	Meredith Woods
Janice Brandon	Graeme Doyle	Rina Hannan	George Kiroudis	Pat McNamara	Gail Reid	Bernadette Trahair	Christina Wright
Thea Bridgman	Georgia Drenth	Joan Hayes	Con Kouklafis	Patrick Meehan	Christina Rosato	Catherine Trahair	Craig Wright
Hannah Budd	Stephen Duff	Kelly Higgins	Mandy Kwok	Kate Milan	Steven Ross	Edward Tuke	Cindy Yeung
Lorna Bunton	James Dunn	Merren Hosken	Rosemary Lane	Peter Montana	Edwina Rushe	Elizabeth Turnbull	Hue Hwa Au Yong
Ross Burdeu	Ashley Dunne	Melissa House	Hervey Lau	Katelin Morris	Jessica Scott	Angelo Tzagadouris	Hue Mun Au Yong
Lloyd Burnett	Ida Eboutany	Monalisa Ingels	Khay-Ying Lau	Elle Morrison	June Sharp	Angelo Tzagadouris	Tiana Zammit
Margaret Burrows	Sean Eysers	Roschelle Ingels	Irene Liapis	Tess Mumme	Nathan Simmons	Nathalie Uwamahoro	Paula Zuluteta
Damien Burton	Paul Fearn	Michelle Ingels	Jacqui Liguett	Barbara Nash	Margaret Smith		
Iris Carling	Joe Filardo	Babe Isacss	Durelle Lind	Andrew Ng	Betty Smith		
	Gwenda Fitzgerald	Bethany Jewell	Lina Lioannidis	Mi Nguyen	Lina Solaka		
	Michelle		Louise Long				

Financial overview

Expenses 2011-12



Income sources 2011-12



Income growth

Years		Change
2011-12	\$18.9m	-9.8%
2010-11	\$21.1m	+22.0%
2009-10	\$17.3m	+16.9%
2008-09	\$14.8m	+14.7%
2008-09	\$12.9m	

Million |0 |5 |10 |15 |20 |25

2011-12 was a year of consolidation, with significant scale-back of our employment business and total income of \$18.9m.

Income

As a result of a decision in 2010-11 to scale back a considerable part of our employment business during this year, total revenue for the year was \$18.9m, representing a decrease of 9.8% over the previous year. Though this scale-back will continue to have some impact next year, this has been limited by the development of new funding sources and growth in existing sources.

Fundraising

2011-12 saw a review of our fundraising strategy as we re-positioned it for future growth. As a result, fundraising income slightly increased over the year by \$26,000 – an increase of 2.1%. With a continued focus on fundraising we maintain positive expectations despite a difficult economic climate.

Investments

Due to unfavourable market conditions in previous years, we sustained a loss on our investments of \$766,000, which had been carried on the Balance Sheet as an unrealised loss. Due to a change in our investment strategy this year, this amount was written off through the Income Statement. With a new investment policy and investment advisors now in place, we are confident that the organisation is well positioned to take advantage of a market upturn.

Operating expenses (Excluding the loss on sale of investments)

Operating expenses were managed in line with programs and services growth. These expenses were \$19.3m – down 7.1% from 2010-11. Salaries and staff-related costs accounted for 72% of expenditure. This included once-off staff termination payments upon the termination of a large part of the employment business.

The year's result

Overall we achieved a deficit of \$1.4m, largely as a result of the unprofitable employment business and the write-off of investments. Member funds decreased from \$12m as at 30 June 2011 to \$11.1m as at 30 June 2012.

Despite the scale-back of the employment business and loss on investments, the organisation achieved effective progress during 2011-12, achieving both business growth and service growth.

Looking ahead

After several years of consecutive solid growth, and this last year of significant change in the Employment and Investment areas of the business, 2012-13 is expected to be a year of slight revenue growth and continued focus on managing expenses.

The organisation is well positioned to move forward. Our balance sheet remains strong and can support further growth.

Financial statements

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

Directors' report

The Directors have pleasure in submitting their report for the year ended 30 June 2012 made in accordance with a resolution of the Directors.

Directors

The names and details of the Directors in office at any stage during the year and to the date of signing this report are:

Mr Paul Montgomery, Mrs Diane Brown, Mr Kevin Abrahamson, Ms Lyn Allison (Resigned 16/07/2012), Dr Julian Freidin, Ms Jan Hatt, Mr Robert Hughes,

Ms Jennifer King, Mr Darrel Drieberg, Louise Milne-Roch, Mr Theophanis Krambias, Ms Elaine Price, Mr Neil Cowen (Appointed 27/08/2012)

No Director has an interest in any contract or proposed contract with the Company declared since the last Directors' Report.

Directors' Meetings

During the financial year ended 30 June 2012, 9 meetings of the Company's Directors were held in respect of which, each Director of the Company attended the following number:

Name of Director	Date Appointed	Date Resigned	Board of Director Meetings	Executive	Board Committee Meetings					
					Appointments & Governance	Finance, Audit & Resource Management	Directions	Policy & Advocacy	Doorway	Awards Sub-committee
Paul Montgomery (President)	25/09/2006		7 of 9	3 of 3	2 of 4	5 of 5				
Diane Brown (Vice President)	20/09/2000		8 of 9	3 of 3			5 of 5			1 of 1
Kevin Abrahamson	05/07/2010		9 of 9	2 of 3	3 of 4		2 of 5			
Lyn Allison	08/09/2008	16/07/2012	9 of 9	2 of 3	2 of 4			5 of 5		1 of 1
Darrel Drieberg	17/12/2007		8 of 9	3 of 3			5 of 5		6 of 9	
Julian Freidin	22/06/2009		7 of 8					4 of 5	7 of 9	
Jan Hatt	04/04/2011		7 of 9					3 of 5		
Robert Hughes	27/06/2011		4 of 8			2 of 4				
Jennifer King	21/10/2005		6 of 9		2 of 4	4 of 5				
Theophanis Krambias	10/10/2008		8 of 9			5 of 5			6 of 9	
Louise Milne-Roch	20/01/2003		5 of 9							
Elaine Price	24/01/2005		6 of 7		4 of 4			3 of 5		
Neil Cowen	27/08/2012		0 of 0							

Operating Result

The net loss of the Company for the year after capital items was \$1,410,838 (2011 \$70,948 profit). The loss from ordinary activities before capital items was \$1,234,420 (2011 \$95,579 profit).

Review of Operations

Contributing to the company's net losses for the year was the termination of a significant employment subcontracting agreement within the program services area of the company. Subsequently, in 2012, the company generated additional revenues in the program services area in the ACT as a result of new contracts being awarded.

Furthermore, the company's net loss position was also affected by the realized losses attributable to the disposal of investments in 2012. This was the first year that these losses were recognized. The disposal of investments was the result of the Directors' decision to change investment portfolios during the year.

Other than the matters described above, it is the opinion of the Directors that the results of the Company's operations during the year were not substantially affected by any other item, transaction or event of a material and unusual nature.

The company's operations are not regulated by any significant environmental regulation under a law of the Commonwealth or of a State or Territory.

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

Directors' report continued

State of Affairs

Other than the matters described above in Review of Operations, there have been no other significant changes in the state of affairs of the Company during the financial year.

Likely Developments

The likely future developments in the operations of the Company are the continuation of the principal activities set out in this report.

Events Subsequent To Balance Date

No matters or circumstances have arisen since the end of the financial year that significantly affected or may significantly affect the operations of the Company, the results of those operations or the state of affairs of the Company in subsequent financial years, not otherwise disclosed in this report.

Directors' Benefits

Since the end of the previous financial year no Director of the Company has received or become entitled to receive a benefit.

Directors & Auditors Indemnification

The Company has not, during or since the end of the financial year, in respect of any person who is or has been an officer or auditor of the Company or a related body corporate, indemnified or made any relevant agreement for indemnifying against a liability incurred as an officer, including costs and expenses in successfully defending legal proceedings.

All Directors of the Company are covered by a Directors and Officers liability insurance policy covering third party claims in respect of actual or alleged breach of duty, breach of trust, neglect, error, misstatement, misleading statement, omission, breach or warranty or authority, or other act wrongfully committed. The premium for this policy was paid for by the Department of Human Services.

Auditor's Declaration

A copy of the auditor's independence declaration as required by Section 307C Corporations Act 2001 is set out on the next page.

On behalf of the Board



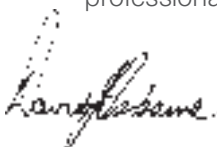
Paul Montgomery - Director Darrel Drieberg - Director
Signed at Fairfield on the 8th day of October 2012.

Auditor's Independence Declaration

To Mental Illness Fellowship Victoria,

As lead auditor for the audit of Mental Illness Fellowship Victoria for the year ended 30 June, 2012, I declare that, to the best of my knowledge and belief, there have been:

- (i) No contraventions of the independence requirements of the Corporations Act in relation to the audit, and
- (ii) No contraventions of any applicable code of professional conduct in relation to the audit.



DAVID J. OSBORNE, FCPA

Certified Practising Accountant
Registered Company Auditor No 10244
Dated this 3rd day of October 2012.

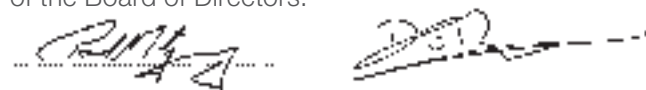
434 Nepean Highway Frankston 3199
Po Box 309 Frankston Victoria 3199
Telephone (03)9781 2633 - Fax (03)9781 3073
Email Osborne@Shepard.com.au

Directors' Declaration

The directors of the company declare that:

1. the financial statements and notes, as set out on pages 6 to 28:
 - a) comply with Australian Accounting Standards and the Corporations Law; and
 - b) give a true and fair view of the financial position as at 30 June 2012 and performance for the year ended on that date of the company;
2. in the directors' opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.



Paul Montgomery - Director Darrel Drieberg - Director
Signed at Fairfield on the 8th day of October 2012.

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

	NOTE	2012 \$	2011 \$
Income Statement			
INCOME FROM CONTINUING OPERATIONS			
Contract Services Income	2	16,511,934	18,443,657
Fundraising	2	1,266,161	1,239,972
Other Income	2	1,093,940	1,232,800
TOTAL REVENUE		18,872,035	20,916,429
EXPENSES			
Salaries & Related Costs	4	13,950,186	14,380,263
Consultancies		302,759	338,176
Audit Fees	3	34,992	29,337
Bad Debts		15,000	-
Bank Fees		32,399	32,901
Depreciation		845,228	845,851
Interest Expense		1	44
IT Network Costs		282,807	281,076
Occupancy Costs		744,371	558,435
Office Costs		673,060	833,288
Participant Support		640,852	1,412,383
Program Setup Costs		16,121	48,100
Light & Power		141,807	144,568
Motor Vehicle Expenses		463,797	492,556
Property and Equipment Maintenance		546,586	735,732
Fundraising Expenses		522,473	544,758
Support Costs - MIFA		18,750	100,000
Volunteer Costs		3,377	9,554
Other Expenses		73,943	33,759
Loss on Sale of Fixed Assets		32,145	69
Loss on Sale of Investments		765,801	-
TOTAL EXPENSES		20,106,455	20,820,850
PROFIT/ (LOSS) BEFORE CAPITAL ITEMS		(1,234,420)	95,579
Capital Funding and Donations	5	13,553	158,755
Building Depreciation		(189,971)	(183,386)
NET PROFIT/ (LOSS) FROM CONTINUING OPERATIONS		(1,410,838)	70,948

The Accompanying notes form an integral part of these financial statements.

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

	NOTE	2012 \$	2011 \$
Statement of Comprehensive Income			
NET PROFIT/ (LOSS) FROM CONTINUING OPERATIONS		(1,410,838)	70,948
Other Comprehensive Income			
Net Revaluations on Available For Sale Investments		490,287	114,647
TOTAL COMPREHENSIVE INCOME		(920,551)	185,595
The Accompanying notes form an integral part of these financial statements.			
Balance Sheet			
CURRENT ASSETS			
Cash at Bank, Deposit and on Hand		2,000,704	4,224,922
Receivables	6	133,490	662,957
Prepayments		83,683	54,035
Loans Receivable		25,000	-
Other Assets		4,102	-
TOTAL CURRENT ASSETS		2,246,979	4,941,914
NON CURRENT ASSETS			
Investments - available for sale	7	3,519,402	1,999,891
Fixed Assets	8	7,289,575	7,931,941
Intangible Assets	9	240,918	69,299
TOTAL NON CURRENT ASSETS		11,049,895	10,001,131
TOTAL ASSETS		13,296,874	14,943,045
CURRENT LIABILITIES			
Creditors & Accruals	10	980,048	1,561,162
Provisions (current)	11	901,966	897,841
Funds Held for Future Periods	12	252,371	382,725
TOTAL CURRENT LIABILITIES		2,134,385	2,841,728
NON CURRENT LIABILITIES			
Provisions (non-current)	11	44,256	62,533
TOTAL NON CURRENT LIABILITIES		44,256	62,533
TOTAL LIABILITIES		2,178,641	2,904,261
NET ASSETS		11,118,233	12,038,784
Represented By:			
EQUITY			
Reserves	13	7,541,193	7,769,497
Retained Earnings		3,577,040	4,269,287
TOTAL EQUITY		11,118,233	12,038,784
The Accompanying notes form an integral part of these financial statements.			

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

Statement of Changes in Equity

	Reserves									
	Retained Earnings	Capital Campaign Reserve	Capital Reserve	New Projects Reserve	Property Maintenance Reserve	Asset Replacement Reserve	Asset Trust Reserve	Development Fund Reserve	Available for Sale Investment Revaluation Reserve	Total
	\$	\$	\$	\$	\$	\$	\$	\$	\$	\$
Balance at 1 July 2010	4,157,222	536,295	300,000	762,057	217,102	437,314	4,312,043	1,773,844	(642,688)	11,853,189
Profit attributable to the entity	70,948	-	-	-	-	-	-	-	-	70,948
Amounts transferred to/ (from) reserves - Note 13	41,117	-	-	(242,410)	32,465	60,883	107,945	-	-	-
Total other comprehensive Income - Note 12	-	-	-	-	-	-	-	-	114,647	114,647
Balance at 30 June 2011	4,269,287	536,295	300,000	519,647	249,567	498,197	4,419,988	1,773,844	(528,041)	12,038,784
Profit attributable to the entity	(1,410,838)	-	-	-	-	-	-	-	-	(1,410,838)
Amounts transferred to/ (from) reserves - Note 13	718,591	-	-	-	26,053	(498,197)	(246,447)	-	-	-
Total other comprehensive Income - Note 12	-	-	-	-	-	-	-	-	490,287	490,287
Balance at 30 June 2012	3,577,040	536,295	300,000	519,647	275,620	-	4,173,541	1,773,844	(37,754)	11,118,233

The Accompanying notes form an integral part of these financial statements.

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

	NOTE	2012 \$	2011 \$
Statement of Cash Flows			
CASHFLOW FROM OPERATING ACTIVITIES			
Receipts - from Donors and Funding Agencies		20,915,222	19,597,178
Payments to Suppliers and Employees		(21,832,081)	(21,150,441)
Interest & Distributions Received		198,647	399,369
Net Cash Provided by Operating Activities	17(b)	(718,212)	(1,153,894)
CASHFLOW FROM INVESTING ACTIVITIES			
Proceeds from sale of property, plant & equipment		88,504	634,989
Re-investment of working cash account investments		-	(45,827)
Net (Payment) / Receipt for Investments		(1,029,224)	-
Payment for property, plant & equipment		(540,286)	(1,402,172)
Net Cash used by Investing Activities		(1,481,006)	(813,010)
CASH FLOW FROM FINANCING ACTIVITIES			
Payment of Loan to Social Firm Management Group		(25,000)	-
Net Cash provided by Financing Activities		(25,000)	-
Net Increase (Decrease) in Cash Held		(2,224,218)	(1,966,904)
Cash at Beginning of Year		4,224,922	6,191,826
Cash at End of Year	17(a)	2,000,704	4,224,922

The Accompanying notes form an integral part of these financial statements.

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

Notes to and Forming Part of the Financial Statements

NOTE 1: Statement of Accounting Policies

The financial report is a general purpose financial report that has been prepared in accordance with Australian Accounting Standards including Australian Accounting Interpretations, other authoritative pronouncements of the Australian Accounting Standards Board and the Corporations Act 2001. The financial report is for Mental Illness Fellowship Victoria as an individual entity, incorporated and domiciled in Australia. Mental Illness Fellowship Victoria is a company limited by guarantee.

The following is a summary of the material accounting policies adopted by the entity in the preparation of the financial report. The accounting policies have been consistently applied, unless otherwise stated.

Basis of Preparation

Reporting Basis and Conventions

The financial report has been prepared on an accruals basis and is based on historical costs. It does not take into account changing money values or, except where stated, current valuations of non current assets. Cost is based on the fair values of the consideration given in exchange for assets.

Accounting Policies

a) New Accounting Policies

The AASB has issued new, revised and amended Standards and Interpretations that have mandatory application dates for future reporting periods and which the company has decided not to early adopt. The company does not anticipate early adoption of any of the reporting requirements would have any material effect on the company's financial statements.

b) Property, Plant and Equipment

Property, plant and equipment are brought to account at cost less, where applicable, any accumulated depreciation and any impairment in value. The carrying amount of property, plant and equipment is reviewed annually to ensure it is not in excess of the recoverable amount from these assets. The recoverable amount is assessed on the basis of the expected net cash flows which will be received from the assets employment and

subsequent disposal. The expected net cash flows have not been discounted to their present values in determining recoverable amounts.

The carrying values of plant and equipment are also reviewed for impairment when events or changes in circumstances indicate the carrying value may not be recoverable. If any impairment exists, the assets are written down to their recoverable amount and the loss recognised in the income statement.

The depreciable amount of all fixed assets including buildings, but excluding freehold land, is depreciated over their useful lives commencing from the time the asset is held ready for use.

Depreciation Rates are as follows:

Class of Asset	Depreciation Rate	Method
Buildings	2.5%	Straight Line
Computers	20%	Straight Line
Furniture & Fittings	20%	Straight Line
Motor Vehicles	20%	Straight Line
Office Furniture & Equipment	20%	Straight Line

The gain or loss on disposal of all fixed assets, is determined as the difference between the carrying amount of the asset at the time of disposal and the proceeds of disposal, and is included in net profit in the year of disposal. These gains or losses are included in the income statement. When revalued assets are sold, amounts included in the revaluation reserve relating to that asset are transferred to retained earnings.

c) Leases

Leases of fixed assets, where substantially all the risks and benefits incidental to the ownership of the asset, but not the legal ownership that are transferred to the entity, are classified as finance leases.

Finance leases are capitalized by recording an asset and a liability at the lower of the amounts equal to the fair value of the leased property or the present value of the minimum lease payments, including any guaranteed residual values. Lease payments are allocated between the reduction of the lease liability and the lease interest expense for the period.

Financial statements *continued*

Notes to and Forming Part of the Financial Statements *continued*

Leased assets are depreciated on a straight-line basis over the shorter of their estimated useful lives or the lease term.

Lease payments for operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

Lease incentives under operating leases are recognised as a liability and amortized on a straight-line basis over the life of the lease term.

d) Employee Entitlements

Provision is made for the liability for employee entitlements arising from services rendered by employees to balance date. Employee entitlements expected to be settled within one year together with entitlements arising from wages and salaries and annual leave which will be settled after one year, have been measured at their nominal amount. Other employee entitlements payable later than one year have been measured at the present value of the estimated future cash outflows to be made for those entitlements. Contributions are made to employee superannuation funds and are charged as expenses when incurred.

e) Taxation

Mental Illness Fellowship Victoria is classified as a Public Benevolent Institution for tax purposes and as such is exempt of Income Tax, Fringe Benefits Tax, and Payroll Tax. Consequently, no provision is made in the accounts for these taxes.

f) Financial Instruments

Recognition

Financial instruments are initially measured at cost on trade date, which includes transaction costs, when the related contractual rights or obligations exist. Subsequent to initial recognition these instruments are measured as set out below.

Financial assets at fair value through profit and loss

A financial asset is classified in this category if acquired principally for the purpose of selling in the short term or if so designated by management and within the requirements of AASB 139: Financial Instruments: Recognition and Measurement. Derivatives are also categorized as held for trading unless they are designated as hedges. Realized and unrealized gains and losses arising from changes in the fair value of these assets are included in the income statement in the period in which they arise.

Loans and receivables

Loans and receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market and are stated at amortized cost using the effective interest rate method.

Held-to-maturity investments

These investments have fixed maturities, and it is the entity's intention to hold these investments to maturity. Any held-to-maturity investments held by the entity are stated at amortized cost using the effective interest rate method.

Available-for-sale financial assets

Available-for-sale financial assets include any financial assets not included in the above categories. Available-for-sale financial assets are reflected at fair value.

All investments are initially recognised at cost, being the fair value of the consideration given and including acquisition charges associated with the investment. After initial recognition, investments are recorded at their market value with dividend income and distributions, except interest, being recognised in the Income Statement when received. Interest on term deposits is brought to account in the period in which it is earned.

Unrealised gains and losses arising from normal market movements are taken to Unrealised Investment Fluctuations Reserve. After any accumulated gains are utilised by subsequent losses, any further losses are taken to the Other Comprehensive Income. In the event of a permanent impairment any loss is charged to the Income Statement. When available-for-sale investments are sold, the total realised gains or losses, including those previously recognised through reserves, are included in the Income Statement.

Financial statements *continued*

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

Financial liabilities

Non-derivative financial liabilities are recognised at amortized cost, comprising original debt less principal payments and amortization.

Fair value

Fair value is determined based on current bid prices for all quoted investments. Valuation techniques are applied to determine the fair value for all unlisted securities, including recent arm's length transactions, reference to similar instruments and option pricing models.

Impairment

At each reporting date, the entity assesses whether there is objective evidence that a financial instrument has been impaired. In the case of available-for-sale financial instruments, a prolonged decline in the value of the instrument is considered to determine whether impairment has arisen. Impairment losses are recognised in the income statement.

As a not-for-profit entity the value in use of an asset may be equivalent to the depreciated replacement cost of that asset when the future economic benefits of the asset is not primarily dependent on the asset's ability to generate net cash inflows and where the entity would, if deprived of the asset, replace its remaining future economic benefits

g) Cash

Cash includes cash on hand, deposits held at call with banks and investments in term deposits and money market instruments, net of overdrafts

h) Funds Held for Future Periods

Mental Illness Fellowship Victoria receives funding from various agencies to run its programs. Where grants are required to be spent on specific programs in order to meet agreed outcomes as contracted with the funding agency, the organisation initially records the monies received as a liability. This is due to a present obligation existing at that time to spend the monies in accordance with the funding agreement. Income is subsequently recognised in the periods that the funds are actually spent. If the contract has been completed and unexpended funds are present, the funds will be moved to the Development Fund Reserve through income when the Fellowship is satisfied that the funds will not be required to be repaid. As disclosed in the balance sheet, unspent funds totaling \$252,371 are showing as a liability at 30 June 2012 (\$382,725 at 30 June 2011). All other donations and untied grants are recorded as income when monies are received.

i) Comparative Figures

When required by Accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

j) Critical Accounting Estimates and Judgments

The directors evaluate estimates and judgments incorporated into the financial report based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained both externally and internally.

k) Key estimates – Impairment

The entity assesses impairment at each reporting date by evaluating conditions specific to the entity that may lead to impairment of assets. Where an impairment trigger exists, the recoverable amount of the asset is determined. Value-in-use calculations performed in assessing recoverable amounts incorporate a number a key estimates.

No impairment has been recognised in respect of this financial year.

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

	NOTE \$	2012 \$	2011
NOTE 2: REVENUE			
Contract Services Income			
Government Grants		13,066,921	12,522,255
Funding & Grants received in previous periods/ (carry forward to future periods)		183,718	2,179,049
Fees from other Agencies		2,945,498	3,477,672
Client Fees		315,797	264,681
Total Contract Services Income		16,511,934	18,443,657
Fundraising			
Charitable Contributions		532,740	490,480
Other Fundraising		733,421	749,492
Total Fundraising		1,266,161	1,239,972
Other Income			
Income From Investments		237,316	83,242
Profit on Sale of Assets		144,815	514,160
Interest Income		198,646	316,127
Fair Value Adjustment on Acquisition of Business		145,139	-
Membership Income		12,819	14,144
Other Revenue & Recoveries		355,205	305,127
Total Other Income		1,093,940	1,232,800
Total Revenue		18,872,035	20,916,429
NOTE 3: EXPENSES			
Included in expenses are the following expense items:			
Audit Fees:			
Audit or review of the financial statements		21,342	18,199
Acquittals		3,500	3,138
Other Audit Services		10,150	8,000
		34,992	29,337

NOTE 4: SALARIES AND RELATED COSTS

Decrease in Salaries & Related costs is attributed to the reduction in the provision of program services. The number of Equivalent Full Time (EFT) staff are as follows:

Number of Staff 30th June (EFT)	179.00	181.12
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NOTE 5: CAPITAL FUNDING AND DONATIONS

Mental Illness Fellowship Victoria receives funding which it earmarks for expenditure on capital. Amounts are allocated towards renovations of existing property, purchase of property, purchase of computer equipment, network development, motor vehicles and office equipment.

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

NOTE	2012 \$	2011 \$
NOTE 6: RECEIVABLES - CURRENT		
Trade Receivables	76,437	473,519
Deposits and Bonds Issued	52,245	43,418
Accrued Income	4,808	146,020
	133,490	662,957
NOTE 7: INVESTMENTS - AVAILABLE FOR SALE		
Investments in Managed Funds	3,519,402	1,999,891
NOTE 8: FIXED ASSETS		
Buildings and Land - at cost	7,406,029	7,277,262
Less Accumulated Depreciation	(2,088,424)	(1,898,453)
	5,317,605	5,378,809
Motor Vehicles - at cost	2,449,987	2,813,939
Less Accumulated Depreciation	(1,436,649)	(1,519,531)
	1,013,338	1,294,408
Office Furniture and Equipment - at cost	1,408,637	1,425,744
Less Accumulated Depreciation	(1,108,800)	(926,272)
	299,837	499,472
Computers - at cost	1,204,779	1,111,848
Less Accumulated Depreciation	(667,417)	(505,033)
	537,362	606,815
Rental Property Furniture and Fittings - at cost	155,021	155,021
Less Accumulated Depreciation	(33,588)	(2,584)
	121,433	152,437
Total Written Down Value	7,289,575	7,931,941

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

NOTE 8: FIXED ASSETS

Movement in the carrying amount of fixed assets:

	Land & Buildings	Motor Vehicles	Office Furniture & Equipment	Rental Properties Furniture & Fittings	Computers	Total
	\$	\$	\$	\$	\$	\$
Balance at the 1 July 2010	5,300,561	1,351,011	624,071	-	403,221	7,678,864
Additions at cost	320,949	489,282	91,632	155,021	340,090	1,396,974
Disposals	(59,315)	(55,275)	-	-	(70)	(114,660)
Depreciation expense	(183,386)	(490,610)	(216,231)	(2,584)	(136,426)	(1,029,237)
Carrying amount at 30 June 2011	5,378,809	1,294,408	499,472	152,437	606,815	7,931,941
Additions at cost	128,767	233,346	9,317	-	109,907	481,337
Disposals	-	(70,271)	(9,898)	-	(8,335)	(88,504)
Depreciation expense	(189,971)	(444,145)	(199,054)	(31,004)	(171,025)	(1,035,199)
Carrying amount at 30 June 2012	5,317,605	1,013,338	299,837	121,433	537,362	7,289,575

(Note: In the Statement of Comprehensive Income, the Depreciation line item (2012: \$845,228 and 2011: \$845,851) excludes depreciation for the category *Land & Buildings* (2012: \$189,971 and 2011: \$183,386). *Land & Buildings* depreciation is disclosed separately in the Statement of Comprehensive Income)

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

	NOTE	2012 \$	2011 \$
NOTE 9: INTANGIBLE ASSETS			
Software Development		240,918	69,299

The Fellowship is currently developing Carelink+ enterprise software. Carelink+ is a powerful client management system used widely in community care. It provides efficient and extensive data capture, tracking and reporting on all aspects of service delivery including financial management, clinical and statutory needs. The software is to become a core part of the Fellowship and is expected to streamline the database from physical to electronic.

A total of 70 licenses will initially be purchased, implemented and customised once the software development is finalised. Costs capitalised in the 2011/12 year include staff, contractor and supplier expenses directly relating to developing or testing the software in the development phase. Amortisation costs will be charged upon completion when the software goes live, which is expected to be in October 2012.

NOTE 10: CREDITORS & ACCRUALS			
Trade Creditors		280,592	800,600
GST Payable		219,566	147,679
Accruals		456,630	597,065
Accrual for Audit Fees		23,260	15,818
		980,048	1,561,162

NOTE 11: PROVISIONS

Current Liabilities

Provision for Legal Fees		35,000	-
Provision for Annual Leave		618,537	646,378
Provision for Long Service Leave		248,429	251,463
		901,966	897,841

Non Current Liability

Provision for Long Service Leave		44,256	62,533
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NOTE 12: FUNDS HELD FOR FUTURE PERIODS

(a) Current

Expected to be utilised within 12 months		252,371	382,725
Total Funds Held for Future Periods		252,371	382,725

Financial statements *continued*

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

	NOTE	2012	2011
	\$	\$	
NOTE 13: RESERVES			
Available for Sale Investment Revaluation Reserve 13(a)		(37,754)	(528,041)
Capital Campaign Reserve		536,295	536,295
Capital Reserve		300,000	300,000
Development Fund Reserve		1,773,844	1,773,844
New Projects Reserve		519,647	519,647
Property Maintenance Reserve	13(b)	275,620	249,567
Asset Replacement Reserve	13(c)	-	498,197
Asset Trust Reserve	13(d)	4,173,541	4,419,988
		7,541,193	7,769,497
(a) AVAILABLE FOR SALE INVESTMENT REVALUATION RESERVE			
Opening Balance		(528,041)	(642,688)
Increase/(Decrease) in Fair Value of Investments		490,287	114,647
Closing Balance		(37,754)	(528,041)

(b) PROPERTY MAINTENANCE RESERVE

In 2003/4, the Mental Illness Fellowship Victoria established a Property Maintenance Reserve. The purpose of the reserve is to separately account for the provision of building maintenance on Mental Illness Fellowship Victoria properties.

Opening Balance	249,567	217,102
Add/(Less) Transfers (to)/from Retained Surplus	26,053	32,465
Closing Balance	275,620	249,567

(c) ASSET REPLACEMENT RESERVE

In 2003/4, the Mental Illness Fellowship Victoria established an Asset Replacement Reserve to record capital purchases within the funded rehabilitation services programs. The purpose of the reserve is to track capital items purchased using funding received from the various funding bodies.

As these items have since been fully depreciated and replaced with internally funded assets, the reserve no longer represents these assets. The balance of the reserve has been transferred to Retained Earnings as at 30 June 2012.

Opening Balance	498,197	437,314
Add/(Less) Transfers (to)/from Retained Surplus	(498,197)	60,883
Closing Balance	-	498,197

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

NOTE	2012 \$	2011 \$
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NOTE 13: RESERVES continued

(d) ASSET TRUST RESERVE

In 1998/99 the Mental Illness Fellowship Victoria established an Asset Trust Reserve. The purpose of the reserve is to separately account for funding received in the past to finance the purchase of assets used by the organisation's programs. These assets are required to be used in accordance with the objectives of each program and can potentially be redirected by changes in Government policy. As a result, the organisation has no discretionary control regarding their utilisation.

The balance of the reserve represents the written down value of assets used in the funded programs at the end of the financial year.

Opening Balance	4,419,988	4,312,043
Add/(Less) Transfers (to)/from Retained Surplus	(246,447)	107,945
Closing Balance	4,173,541	4,419,988

NOTE 14: CAPITAL COMMITMENTS

As at 30 June 2012 no capital commitments were existing, nor were there any that existed for the comparative previous year.

NOTE 15: RELATED PARTY RELATIONSHIPS

There were no material related party relationships or transactions for this year, nor the comparative previous year not otherwise disclosed elsewhere in the financial statements.

NOTE 16: KEY MANAGEMENT PERSONNEL

The key management personnel compensation included in the salaries and related costs expenses is as follows:

Short Term Benefits	609,335	478,051
Post Employment Benefits	72,100	140,183
Total	681,435	618,233
Number of Key Personnel (EFT)	4.0	4.0

Financial statements *continued*

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

	NOTE \$	2012 \$	2011
NOTE 17: CASH FLOW INFORMATION			
(a) Reconciliation of Cash			
Cash at Bank, on Deposit and on Hand		2,000,704	4,224,922
(b) Reconciliation of Cash Flow from Operations with Operating Profit / (Loss)			
Operating Profit/ (Loss) after income tax		(1,410,838)	70,948
<i>Adjustments for Non-cash items:</i>			
Depreciation		1,035,199	1,029,237
Profit on Sale of Property, Plant & Equipment		(112,670)	(514,091)
Bad Debts		15,000	-
<i>Changes in assets and liabilities:</i>			
(Increase)/Decrease in Receivables		514,467	(133,242)
(Increase)/Decrease in Prepayments and Other Assets		(33,750)	21,119
(Increase)/Decrease in Work in Progress			(69,299)
Increase/(Decrease) in Creditors & Accruals		(581,114)	553,064
Increase/(Decrease) in Employee Provisions		(14,152)	68,273
Increase/(Decrease) in Funds for Future Use		(130,354)	(2,179,903)
Cashflows from Operations		(718,212)	(1,153,894)

NOTE 18: FINANCIAL INSTRUMENTS

FINANCIAL RISK MANAGEMENT POLICIES

The Company's financial instruments consist mainly of deposits with banks, accounts receivable and payable.

The Board's overall risk management strategy seeks to assist the Company in meeting its financial target, whilst minimising potential adverse effects on financial performance.

Risk management policies are approved and reviewed by the Board on a regular basis. These included the credit risk policies and future cash flow requirements.

The main purpose of non-derivative financial instruments is to raise finances for the Companies' operations.

The Company does not have any derivative instruments at 30 June 2012.

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

NOTE 18: FINANCIAL INSTRUMENTS continued

Recognised Financial Instrument	Accounting Policy	Terms and Conditions
Financial Assets		
Bank Deposit on Call and Bank Bills	Valued at face value.	On-call deposits returned floating interest rates between 0.0% and 6.00%. The weighted average rate at balance date was 6.38%.
Managed Funds	Initially valued at cost, and then at market value.	Distributions vary in accordance with Fund performance and market conditions. The annual rate of return was 2.35%.
Receivables	No different from normal commercial practice	Debtors are unsecured, not subject to interest charge and normally settled within 30 days.

Recognised Financial Instrument	Accounting Policy	Terms and Conditions
Financial Liabilities		
Creditors and Accruals	Liabilities are recognised for amounts to be paid in the future for goods received and services provided to the organisation as at balance date whether or not invoices have been received.	General creditors are unsecured, not subject to interest charges and are normally settled within 30 days of invoice date.
Resident Bonds	Liabilities are recorded when bonds are received by resident members.	Funds are payable upon termination of accommodation which is an indiscernible time in the future and are not subject to an interest charge.

Financial statements *continued*

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

NOTE 18: FINANCIAL INSTRUMENTS *continued*

INTEREST RATE RISK

The Company's exposure to interest rate risk and the effective interest rates of financial assets and financial liabilities at balance date are as follows:

		Fixed Interest maturing in:					
	Floating Interest Rate	1 Year or Less	Over 1 to 5 Years	Over 5 Years	Non Interest Bearing	Carrying Amount	Weighted Average Interest Rate %
(i) Financial Assets							
Cash on Call							
& Bank Bills	1,143,042	857,662				2,000,704	6.38%
Managed Funds					3,519,402	3,519,402	N/A
Receivables					133,490	133,490	N/A
(ii) Financial Liabilities							
Creditors					980,048	980,048	N/A
Resident Bonds					0	0	N/A

MARKET RISK

i. Interest rate risk

Exposure to interest rate risk arises on financial assets and financial liabilities recognised at the end of the reporting period whereby a future change in interest rates will affect future cash flows or the fair value of fixed rate financial instruments. The company is also exposed to earnings volatility on floating rate instruments.

ii. Price risk

Price risk relates to the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices of securities held.

The company is exposed to securities price risk on managed fund investments held for the medium to longer term. Such risk is managed through diversification of investments across industries.

Financial statements *continued*

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

Sensitivity analysis

The following table illustrates sensitivities to the association's exposures to changes in interest rates and equity prices. The table indicates the impact on how profit and equity values reported at the end of the reporting period would have been affected by changes in the relevant risk variable that management considers to be reasonably possible. These sensitivities assume that the movement in a particular variable is independent of other variables.

	Profit \$	Equity \$
Year ended 30 June 2012		
+/- 2% in interest rates	62,300	62,300
+/- 10% in available-for-sale investments	352,000	352,000

Year ended 30 June 2011

+/- 2% in interest rates	104,200	104,200
+/- 10% in available-for-sale investments	200,000	200,000

No sensitivity analysis has been performed on foreign exchange risk as the company has no significant exposure to currency risk.

LIQUIDITY RISK

Liquidity risk arises from the possibility that the company might encounter difficulty in settling its debts or otherwise meeting its obligations in relation to financial liabilities. The company does not have any material liquidity risk exposure to any single creditor or group of creditors under financial instruments entered into by the Company. The Company manages liquidity risk by maintaining a reputable profile and through having minimal credit risk relating to financial assets.

CREDIT RISK

Credit risk is the risk that parties that owe money do not pay it.

The maximum exposure to credit risk, excluding the value of any collateral or other security, at balance date to recognised financial assets, is the carrying amount, net of any provisions for impairment of those assets, as disclosed in the balance sheet and notes to the financial statements.

The Company does not have any material credit risk exposure to any single debtor or group of debtors under financial instruments entered into by the Company.

NET FAIR VALUES

The aggregate net fair values and carrying amounts of financial assets and financial liabilities are comparable to the amounts disclosed in the financial statements.

Financial statements *continued*

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

NOTE 19: COMMITMENTS & CONTINGENCIES

Sale of 10 Bromham Place Richmond:

On 24 December 2011, an agreement was entered into for the sale of property owned by the Fellowship, at 10 Bromham Street Richmond. The contracted sale price is \$2.9 million. The settlement date is agreed as being the later of 24 months from the day of sale and 21 days after the purchaser is notified that the planning permits for the property have been approved. The approval of the planning permits is conditional on successfully passing an Environmental Audit. A contribution of \$50,000 was received from the purchaser in the 2010/11 year to assist with the Environmental Audit that is required as part of the contract of sale. The Environmental Audit identified site contamination, however options to reduce the cost of the environmental clean-up are being explored. As at the date of this report, the extent of the contamination is being investigated.

NOTE 20: EVENTS AFTER THE BALANCE SHEET DATE

There have been no significant events occurring after balance date which may affect the operations of The Mental Illness Fellowship Victoria, not otherwise disclosed in this report.

NOTE 21: CAPITAL AND LEASING COMMITMENTS

	2012 \$	2011 \$
a. Finance Lease Commitments	Nil	Nil
b. Operating Lease Commitments		
Non-cancellable operating leases contracted for but not capitalised in the financial statements		
Not longer than 1 year	295,313	385,954
Longer than 1 year and not longer than 5 years	331,169	546,444
Longer than 5 years	-	-

Financial statements continued

MENTAL ILLNESS FELLOWSHIP VICTORIA
ACN 093 357 165
For the year ended 30 June 2012

Report on the Financial Report

I have audited the accompanying financial report of Mental Illness Fellowship Victoria which comprises the balance sheet as at 30 June 2012 and the income statement, statement of comprehensive income, statement of changes in equity and cash flow statement for the year ended on that date, a summary of significant accounting policies and other explanatory notes and the directors' declaration.

Directors' Responsibility for the Financial Report

The directors of the company are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations) and the *Corporations Act 2001* and for such internal control as the directors determine is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. I conducted my audit in accordance with Australian Auditing Standards. These Auditing Standards require that I comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

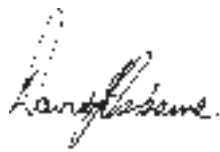
Independence

In conducting my audit, I have complied with the independence requirements of the *Corporations Act 2001*. I confirm that the independence declaration required by the *Corporations Act 2001*, provided to the directors of Mental Illness Fellowship Victoria on the 3rd of October 2012, would be in the same terms if provided to the directors as at the date of this auditor's report.

Auditor's Opinion

In my opinion, the financial report of Mental Illness Fellowship Victoria is in accordance with the *Corporations Act 2001*, including:

- i. giving a true and fair view of the company's financial position as at 30 June 2012 and of their performance for the year ended on that date; and
- ii. complying with Australian Accounting Standards (including the Australian Accounting Interpretations) and the *Corporations Regulations 2001*.

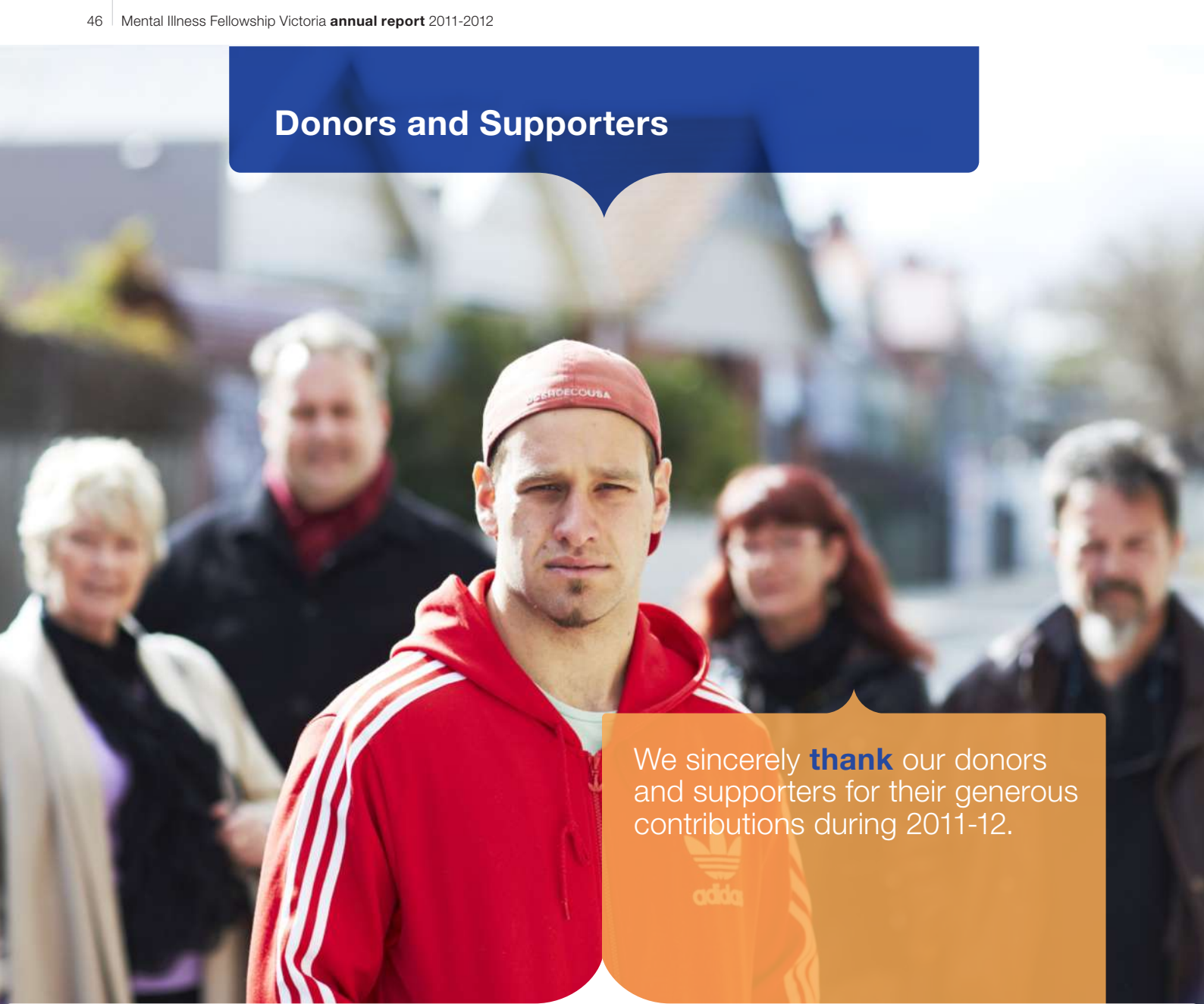


DAVID J. OSBORNE

Certified Practising Accountant
Registered Company Auditor No 10244
C/- Shepar Webster & O'Neill Pty Ltd
434 Nepean Highway, Frankston 3199
Telephone 03 9781-2633

Date: 9th of October 2012

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Shepparton
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SOUTHERN AND GIPPSLAND

45 Davey Street, Frankston
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EAST NORTH WEST

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t 03 8873 2500

AUSTRALIAN CAPITAL TERRITORY

41B David Street, O'Connor, ACT
t 02 6205 1349

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276 Heidelberg Road, Fairfield
t 03 8486 4200

MY RECRUITMENT EMPLOYMENT SERVICE

t 1300 559 998

OP SHOPS

602-604 High Street, Kew
t 03 9817 5599

454 High Street, Northcote
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Mental Illness Fellowship Victoria for people with mental illness, their families and friends

helpline 03 8486 4222

or help@mifellowship.org 9am-5pm Monday to Friday
www.mifellowship.org

